VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Backer Bart

Coaches: Moentjens Ann HEADCOACH

Coaches: Blom Dieter

Coaches: Wielandt Pieter

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:4, starttime: 09:40

Heat: 4/5 Lane : 5 Athlete: DE BIE DAAN — **Q-time: 02:31:12**

PB (50m pool): 02:31.31 Gent 08/02/2026 **PB (25m pool):** 02:31.12 **SB:** 02:31.31 Gent 08/02/2026

	50M	100M	150M	200M	
PB	00:31.94	01:11.14	01:56.63	02:31.31	
	00:31.94	*00:39.20*	*00:45.49*	*00:34.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:3, starttime: 09:53

Heat: 3/7 Lane : 5 Athlete: BEULENS LOTTE — **Q-time: 02:44:80**

PB (50m pool): 02:44.80 Lochristi 01/02/2026 **PB (25m pool):** 02:45.47 **SB:** 02:44.80 Lochristi 01/02/2026

	50M	100M	150M	200M	
PB	no time	no time	no time	02:44.80	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:4, starttime: 09:56

Heat: 4/7 Lane : 7 Athlete: BOGAERT HANNE — **Q-time: 02:44:27**

PB (50m pool): 02:53.49 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 02:44.27 **SB:** no time

	50M	100M	150M	200M	
PB	00:35.51	01:20.54	02:13.77	02:53.49	
	00:35.51	*00:45.03*	*00:53.23*	*00:39.72*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 25: 100M BACKSTROKE MEN 15-16 — Heat:2, starttime: 10:12

Heat: 2/5 Lane : 1 Athlete: VAN TRICHT FINN — **Q-time: 01:08:57**

PB (50m pool): 01:09.58 Lochristi 01/02/2026 **PB (25m pool):** 01:07.49 **SB:** 01:09.58 Lochristi 01/02/2026

	50 M	100 M	
PB	no time	01:09.58	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M BACKSTROKE MEN 15-16 — Heat:2, starttime: 10:12

Heat: 2/5 Lane : 5 Athlete: BEERNAERT DAAN — **Q-time: 01:06:98**

PB (50m pool): 01:08.35 Aalst 20/12/2025 **PB (25m pool):** 01:06.98 **SB:** 01:08.35 Aalst 20/12/2025

	50 M	100 M	
PB	00:33.16	01:08.35	
	00:33.16	*00:35.19*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:5, starttime: 10:46

Heat: 5/7 Lane : 6 Athlete: DAEM JOPPE — **Q-time: 02:56:25**

PB (50m pool): 02:56.25 Gent 08/02/2026 **PB (25m pool):** 03:02.69 **SB:** 02:56.25 Gent 08/02/2026

	50 M	100 M	150 M	200 M	
PB	00:40.24	01:25.83	02:20.30	02:56.25	
	00:40.24	*00:45.59*	*00:54.47*	*00:35.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 11-12 — Heat:4, starttime: 11:08

Heat: 4/7 Lane : 3 Athlete: DE BIE LIZE — **Q-time: 02:59:38**

PB (50m pool): 02:59.38 Gent 08/02/2026 **PB (25m pool):** 03:21.89 **SB:** 02:59.38 Gent 08/02/2026

	50 M	100 M	150 M	200 M	
PB	00:42.22	01:28.05	02:19.45	02:59.38	
	00:42.22	*00:45.83*	*00:51.40*	*00:39.93*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:2, starttime: 11:31

Heat: 2/6 Lane : 8 Athlete: BEERNAERT DAAN — **Q-time: 00:27:33**

PB (50m pool): 00:28.19 Gent 08/02/2026 **PB (25m pool):** 00:27.33 **SB:** 00:28.19 Gent 08/02/2026

	50 M
PB	00:28.19
	00:28.19
	. . : . . : . .

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:5, starttime: 11:34

Heat: 5/6 Lane : 1 Athlete: VAN TRICHT FINN — **Q-time: 00:26:10**

PB (50m pool): 00:26.89 Gent 08/02/2026 **PB (25m pool):** 00:26.10 **SB:** 00:26.89 Gent 08/02/2026

	50 M
PB	00:26.89
	00:26.89
	. . : . . : . .

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 13-14 — Heat:4, starttime: 11:47

Heat: 4/6 Lane : 6 Athlete: DE BIE DAAN — **Q-time: 01:02:16**

PB (50m pool): 01:02.36 Antwerpen 20/07/2025 **PB (25m pool):** 01:02.16 **SB:** no time

	50 M	100 M
PB	00:29.45	01:02.36
	00:29.45	*00:32.91*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:2, starttime: 11:54

Heat: 2/7 Lane : 8 Athlete: BOGAERT HANNE — **Q-time: 01:08:18**

PB (50m pool): 01:09.74 Antwerpen 20/07/2025 **PB (25m pool):** 01:08.18 **SB:** 01:11.95 Gent 08/02/2026

	50 M	100 M
PB	00:33.65	01:09.74
	00:33.65	*00:36.09*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:4, starttime: 11:57

Heat: 4/7 Lane : 2 Athlete: BEULENS LOTTE — **Q-time: 01:05:27**

PB (50m pool): 01:06.86 Gent 08/02/2026 — **PB (25m pool):** 01:05.27 **SB:** 01:06.86 Gent 08/02/2026

	50 M	100 M	
PB	00:32.40	01:06.86	
	00:32.40	*00:34.46*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:4, starttime: 12:10

Heat: 4/7 Lane : 5 Athlete: DAEM JOPPE — **Q-time: 01:10:94**

PB (50m pool): 01:11.74 Lochristi 01/02/2026 — **PB (25m pool):** 01:10.94 **SB:** 01:11.74 Lochristi 01/02/2026

	50 M	100 M	
PB	no time	01:11.74	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12 — Heat:1, starttime: 12:17

Heat: 1/7 Lane : 3 Athlete: DE BIE LIZE — **Q-time: 01:15:56**

PB (50m pool): 01:15.56 Gent 08/02/2026 — **PB (25m pool):** 01:16.69 **SB:** 01:15.56 Gent 08/02/2026

	50 M	100 M	
PB	00:36.12	01:15.56	
	00:36.12	*00:39.44*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: