VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Klopfel Ruth

Coaches: Theunissen Davey

Coaches: De Wit Tessa

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 23: 200M MEDLEY MEN 13-14 — Heat:4, starttime: 09:40

Heat: 4/5 Lane : 1 Athlete: VERTESSEN WOUT — **Q-time: 02:34:90**

PB (50m pool): 02:40.75 Antwerpen 20/07/2025 **PB (25m pool):** 02:34.90 **SB:** 02:41.07 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:34.49	01:18.15	02:03.83	02:40.75	
	00:34.49	*00:43.66*	*00:45.68*	*00:36.92*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:4, starttime: 09:56

Heat: 4/7 Lane : 3 Athlete: PIRA ANNE-SOPHIE — **Q-time: 02:42:71**

PB (50m pool): 02:49.24 Antwerpen 20/07/2025 **PB (25m pool):** 02:42.71 **SB:** 02:51.22 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:35.64	01:19.90	02:12.37	02:49.24	
	00:35.64	*00:44.26*	*00:52.47*	*00:36.87*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:7, starttime: 10:06

Heat: 7/7 Lane : 4 Athlete: PUT FIEN — **Q-time: 02:28:49**

PB (50m pool): 02:33.04 Genk 01/02/2026 **PB (25m pool):** 02:28.49 **SB:** 02:33.04 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:32.86	01:13.39	01:57.02	02:33.04	
	00:32.86	*00:40.53*	*00:43.63*	*00:36.02*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:7, starttime: 10:06

Heat: 7/7 Lane : 7 Athlete: ENGELEN FLOOR — **Q-time: 02:34:87**

PB (50m pool): 02:40.68 Genk 01/02/2026 **PB (25m pool):** 02:34.87 **SB:** 02:40.68 Genk 01/02/2026

	50M	100M	150M	200M	
PB	00:33.24	01:14.97	02:02.24	02:40.68	
	00:33.24	*00:41.73*	*00:47.27*	*00:38.44*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M BACKSTROKE MEN 15-16 — Heat:3, starttime: 10:14

Heat: 3/5 Lane : 4 Athlete: BAELEN TOBE — **Q-time: 01:00:22**

PB (50m pool): 01:03.55 Wezenberg 03/01/2026 **PB (25m pool):** 01:00.22 **SB:** 01:03.55 Wezenberg 03/01/2026

	50M	100M	
PB	00:31.15	01:03.55	
	00:31.15	*00:32.40*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BACKSTROKE WOMEN 15-16 — Heat:1, starttime: 10:20

Heat: 1/5 Lane : 3 Athlete: POEL MAREN — **Q-time: 01:12:98**

PB (50m pool): 01:16.00 Wezenberg 03/01/2026 **PB (25m pool):** 01:12.98 **SB:** 01:16.00 Wezenberg 03/01/2026

	50M	100M	
PB	00:37.25	01:16.00	
	00:37.25	*00:38.75*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BACKSTROKE WOMEN 15-16 — Heat:4, starttime: 10:27

Heat: 4/5 Lane : 4 Athlete: MELOTTE PIA — **Q-time: 01:05:51**

PB (50m pool): 01:06.62 Antwerpen 27/07/2025 **PB (25m pool):** 01:05.51 **SB:** 01:07.10 Genk 01/02/2026

	50M	100M	
PB	00:32.07	01:06.62	
	00:32.07	*00:34.55*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Event number: 26: 100M BACKSTROKE WOMEN 15-16 — Heat:5, starttime: 10:29

Heat: 5/5 Lane : 4 Athlete: VANDEVENNE LIAH — **Q-time: 01:04:46**

PB (50m pool): 01:07.40 Genk 01/02/2026 **PB (25m pool):** 01:04.46 **SB:** 01:07.40 Genk 01/02/2026

	50 M	100 M
PB	00:32.33	01:07.40
	00:32.33	*00:35.07*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 11-12 — Heat:5, starttime: 11:11

Heat: 5/7 Lane : 3 Athlete: VREYS ANSE — **Q-time: 02:56:60**

PB (50m pool): 02:56.60 Wezenberg 04/01/2026 **PB (25m pool):** 02:57.01 **SB:** 02:56.60 Wezenberg 04/01/2026

	50 M	100 M	150 M	200 M
PB	00:39.82	01:28.67	02:17.21	02:56.60
	00:39.82	*00:48.85*	*00:48.54*	*00:39.39*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 11-12 — Heat:5, starttime: 11:11

Heat: 5/7 Lane : 6 Athlete: CLAES JANNE — **Q-time: 02:56:97**

PB (50m pool): 03:05.93 Antwerpen 20/07/2025 **PB (25m pool):** 02:56.97 **SB:** no time

	50 M	100 M	150 M	200 M
PB	00:42.96	01:30.13	02:23.70	03:05.93
	00:42.96	*00:47.17*	*00:53.57*	*00:42.23*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 28: 200M MEDLEY WOMEN 11-12 — Heat:7, starttime: 11:18

Heat: 7/7 Lane : 2 Athlete: VAN HEES LENTHEL — **Q-time: 02:45:24**

PB (50m pool): 02:45.45 Wezenberg 04/01/2026 **PB (25m pool):** 02:45.24 **SB:** 02:45.45 Wezenberg 04/01/2026

	50 M	100 M	150 M	200 M
PB	00:35.73	01:18.35	02:07.42	02:45.45
	00:35.73	*00:42.62*	*00:49.07*	*00:38.03*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Event number: 29: 50M BREASTSTROKE MEN 13-14 — Heat:2, starttime: 11:23

Heat: 2/3 Lane : 1 Athlete: VERTESSEN WOUT — **Q-time: 00:37:32**

PB (50m pool): 00:38.15 Genk 01/02/2026 **PB (25m pool):** 00:35.76 **SB:** 00:38.15 Genk 01/02/2026

	5 0 M	
PB	00:38.15	
	00:38.15	
	. . : . . : . .	

Coach feedback:

Event number: 30: 50M BREASTSTROKE WOMEN 13-14 — Heat:3, starttime: 11:28

Heat: 3/3 Lane : 4 Athlete: PUT FIEN — **Q-time: 00:35:70**

PB (50m pool): 00:35.70 Olympic Pool Wezenberg, Antwer 30/03/2025 **PB (25m pool):** 00:35.76 **SB:** 00:36.14 Genk 01/02/2026

	5 0 M	
PB	00:35.70	
	00:35.70	
	. . : . . : . .	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 15-16 — Heat:5, starttime: 11:34

Heat: 5/6 Lane : 5 Athlete: BAELEN TOBE — **Q-time: 00:24:69**

PB (50m pool): 00:26.02 Genk 01/02/2026 **PB (25m pool):** 00:24.69 **SB:** 00:26.02 Genk 01/02/2026

	5 0 M	
PB	00:26.02	
	00:26.02	
	. . : . . : . .	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 11:40

Heat: 5/6 Lane : 4 Athlete: BROUWERS CHARLOTTE — **Q-time: 00:26:60**

PB (50m pool): 00:27.57 Genk 01/02/2026 **PB (25m pool):** 00:26.60 **SB:** 00:27.57 Genk 01/02/2026

	5 0 M	
PB	00:27.57	
	00:27.57	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:4, starttime: 11:57

Heat: 4/7 Lane : 6 Athlete: PIRA ANNE-SOPHIE — **Q-time: 01:05:26**

PB (50m pool): 01:05.97 Genk 01/02/2026 **PB (25m pool):** 01:05.26 **SB:** 01:05.97 Genk 01/02/2026

	5 0 M	1 0 0 M	
PB	00:31.41	01:05.97	
	00:31.41	*00:34.56*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12 — Heat:5, starttime: 12:24

Heat: 5/7 Lane : 8 Athlete: CLAES JANNE — **Q-time: 01:11:24**

PB (50m pool): 01:12.52 Genk 01/02/2026 **PB (25m pool):** 01:11.24 **SB:** 01:12.52 Genk 01/02/2026

	5 0 M	1 0 0 M	
PB	00:34.61	01:12.52	
	00:34.61	*00:37.91*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12 — Heat:6, starttime: 12:25

Heat: 6/7 Lane : 2 Athlete: VREYS ANSE — **Q-time: 01:09:49**

PB (50m pool): 01:10.21 Wezenberg 04/01/2026 **PB (25m pool):** 01:09.49 **SB:** 01:10.21 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:33.51	01:10.21	
	00:33.51	*00:36.70*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 11-12 — Heat:7, starttime: 12:27

Heat: 7/7 Lane : 6 Athlete: VAN HEES LENTHEL — **Q-time: 01:06:67**

PB (50m pool): 01:07.70 Wezenberg 04/01/2026 **PB (25m pool):** 01:06.67 **SB:** 01:07.70 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:33.00	01:07.70	
	00:33.00	*00:34.70*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: