VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: AZK

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claessens Matthias HEADCOACH

Coaches: Van Eetvelde Kasper

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 24: 200M MEDLEY WOMEN 13-14 — Heat:6, starttime: 10:03

Heat: 6/7 Lane : 8 Athlete: BROUWERS MISCHA — **Q-time: 02:40:83**

PB (50m pool): 02:55.78 Kortrijk 04/05/2025 **PB (25m pool):** 02:46.44 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:37.76	01:23.47	02:15.18	02:55.78	
	00:37.76	*00:45.71*	*00:51.71*	*00:40.60*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 27: 200M MEDLEY MEN 11-12 — Heat:3, starttime: 10:39

Heat: 3/7 Lane : 4 Athlete: JOOSEN CIS — **Q-time: 03:00:91**

PB (50m pool): 03:16.92 Kortrijk 04/05/2025 **PB (25m pool):** 03:00.91 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:46.54	01:35.73	02:34.50	03:16.92	
	00:46.54	*00:49.19*	*00:58.77*	*00:42.42*	
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Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 15-16 — Heat:5, starttime: 11:40

Heat: 5/6 Lane : 2 Athlete: LUYTEN JULIE — **Q-time: 00:27:97**

PB (50m pool): 00:28.44 Wezenberg 03/01/2026 **PB (25m pool):** 00:27.97 **SB:** 00:28.44 Wezenberg 03/01/2026

	50 M	
PB	00:28.44	
	00:28.44	
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Coach feedback:

VJTC 2026: Session: 3: COACH evaluation sheet for TEAM: AZK

Event number: 34: 100M FREESTYLE WOMEN 13-14 — Heat:7, starttime: 12:02

Heat: 7/7 Lane : 7 Athlete: BROUWERS MISCHA — **Q-time: 01:03:78**

PB (50m pool): 01:10.06 Antwerpen 13/07/2025 **PB (25m pool):** 01:03.94 **SB:** no time

	50 M	100 M	
PB	00:32.83	01:10.06	
	00:32.83	*00:37.23*	
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Coach feedback:

Event number: 35: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 12:08

Heat: 3/7 Lane : 6 Athlete: JOOSEN CIS — **Q-time: 01:13:39**

PB (50m pool): 01:13.39 Wezenberg 01/02/2026 **PB (25m pool):** 01:12.40 **SB:** 01:13.39 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:35.39	01:13.39	
	00:35.39	*00:38.00*	
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Coach feedback: