# VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: ZNA

**Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!**

**Coaches: Kindt Joachim HEADCOACH**

**Coaches: Kindt Maarten**

**PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.**

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## Event number: 11: 100M BACKSTROKE WOMEN 13-14 Heat:5, starttime: 14:39

**Heat: 5/6 Lane : 4 Athlete: EELBODE EMELIE** **Q-time: 01:07:69**

**PB (50m pool): 01:10.43 Lochristi 01/02/2026** **PB (25m pool):** 01:07.69 **SB:** 01:10.43 Lochristi 01/02/2026

| | 5 0 M | 1 0 0 M | |
|---|---|---|---|
| PB | no time | 01:10.43 | |
| | *no time* | | |
| | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 12: 100M BACKSTROKE MEN 13-14 Heat:1, starttime: 14:44

**Heat: 1/5 Lane : 5 Athlete: WALTNIEL BAVO** **Q-time: 01:19:47**

**PB (50m pool): 01:19.47 Lochristi 01/02/2026** **PB (25m pool):** 01:21.68 **SB:** 01:19.47 Lochristi 01/02/2026

| | 5 0 M | 1 0 0 M | |
|---|---|---|---|
| PB | no time | 01:19.47 | |
| | *no time* | | |
| | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 12: 100M BACKSTROKE MEN 13-14 Heat:3, starttime: 14:48

**Heat: 3/5 Lane : 3 Athlete: VERNAILLEN SEPPE** **Q-time: 01:10:76**

**PB (50m pool): 01:15.97 Lochristi 01/02/2026** **PB (25m pool):** 01:10.76 **SB:** 01:15.97 Lochristi 01/02/2026

| | 5 0 M | 1 0 0 M | |
|---|---|---|---|
| PB | no time | 01:15.97 | |
| | *no time* | | |
| | . . : . . : . . | . . : . . : . . | |

Coach feedback:

# VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: ZNA

## Event number: 13: 50M BREASTSTROKE WOMEN 15-16 — Heat:3, starttime: 14:57

**Heat: 3/3 Lane : 7 Athlete: RUYSSINCK DIEDE** — **Q-time: 00:36:96**

**PB (50m pool): 00:37.75 Antwerpen 27/07/2025** — **PB (25m pool):** 00:36.96 **SB:** 00:38.72 Gent 08/02/2026

| | 50 M |
|---|---|
| PB | 00:37.75 |
| | *00:37.75* |
| | . . : . . : . . |

Coach feedback:

## Event number: 15: 50M BUTTERFLY WOMEN 13-14 — Heat:5, starttime: 15:07

**Heat: 5/5 Lane : 8 Athlete: DE SMET LILY** — **Q-time: 00:31:63**

**PB (50m pool): 00:32.28 Lochristi 01/02/2026** — **PB (25m pool):** 00:31.63 **SB:** 00:32.28 Lochristi 01/02/2026

| | 50 M |
|---|---|
| PB | 00:32.28 |
| | *00:32.28* |
| | . . : . . : . . |

Coach feedback:

## Event number: 21: 200M BUTTERFLY WOMEN 13-14 — Heat:1, starttime: 15:49

**Heat: 1/2 Lane : 5 Athlete: DE SMET LILY** — **Q-time: 02:52:22**

**PB (50m pool): 02:58.46 Lochristi 01/02/2026** — **PB (25m pool):** 02:52.22 **SB:** 02:58.46 Lochristi 01/02/2026

| | 50 M | 100 M | 150 M | 200 M |
|---|---|---|---|---|
| PB | no time | 01:24.30 | no time | 02:58.46 |
| | *no time* | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback: