VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lefever Elisa

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 11: 100M BACKSTROKE WOMEN 13-14 — Heat:1, starttime: 14:30

Heat: 1/6 Lane : 2 Athlete: DEMAREST HAILEY — **Q-time: 01:22:52**

PB (50m pool): 01:20.15 Antwerpen 21/07/2024 **PB (25m pool):** 01:17.47 **SB:** 01:23.86 Brugge 01/02/2026

	50M	100M	
PB	no time	01:20.15	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 13-14 — Heat:1, starttime: 14:30

Heat: 1/6 Lane : 7 Athlete: CASTELEYN YANA — **Q-time: 01:23:45**

PB (50m pool): 01:23.45 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 01:22.14 **SB:** no time

	50M	100M	
PB	00:41.32	01:23.45	
	00:41.32	*00:42.13*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 14:39

Heat: 5/6 Lane : 6 Athlete: DELPORTE ELLE — **Q-time: 01:11:07**

PB (50m pool): 01:11.07 Brugge 01/02/2026 **PB (25m pool):** 01:09.52 **SB:** 01:11.07 Brugge 01/02/2026

	50M	100M	
PB	00:34.99	01:11.07	
	00:34.99	*00:36.08*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

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Event number: 12: 100M BACKSTROKE MEN 13-14 — Heat:1, starttime: 14:44

Heat: 1/5 Lane : 2 Athlete: VAN BRABANT BENJAMIN — **Q-time: 01:25:63**

PB (50m pool): 01:25.63 Kortrijk 04/05/2025 **PB (25m pool):** 01:16.92 **SB:** no time

	50 M	100 M	
PB	00:43.22	01:25.63	
	00:43.22	*00:42.41*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY MEN 13-14 — Heat:1, starttime: 15:09

Heat: 1/5 Lane : 3 Athlete: VAN BRABANT BENJAMIN — **Q-time: 00:37:82**

PB (50m pool): 00:37.82 Brugge 15/03/2025 **PB (25m pool):** 00:30.87 **SB:** no time

	50 M	
PB	00:37.82	
	00:37.82	
	. . : . . : . .	

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16 — Heat:2, starttime: 15:21

Heat: 2/3 Lane : 1 Athlete: PLOVIE FLYNN — **Q-time: 00:30:77**

PB (50m pool): 00:30.09 Brugge 14/02/2026 **PB (25m pool):** 00:30.26 **SB:** 00:30.09 Brugge 14/02/2026

	50 M	
PB	00:30.09	
	00:30.09	
	. . : . . : . .	

Coach feedback:

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:2, starttime: 15:38

Heat: 2/5 Lane : 2 Athlete: PLOVIE FLYNN — **Q-time: 02:08:70**

PB (50m pool): 02:13.58 Antwerpen 21/07/2024 **PB (25m pool):** 02:08.70 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	02:13.58	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: