VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mabbe Andy

Coaches: Planckaert Pieter

Coaches: Spincemaille Laura

Coaches: Vanden Abeele Syl

Coaches: Demeyere Kristof HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 14: 50M BREASTSTROKE MEN 15-16 — Heat:1, starttime: 14:59

Heat: 1/3 Lane : 7 Athlete: DEMEYERE LARS — **Q-time: 00:34:88**

PB (50m pool): 00:40.66 Izegem 22/06/2024 **PB (25m pool):** 00:34.88 **SB:** no time

	5 0 M
PB	00:40.66
	00:40.66
	. . : . . : . .

Coach feedback:

Event number: 14: 50M BREASTSTROKE MEN 15-16 — Heat:3, starttime: 15:01

Heat: 3/3 Lane : 8 Athlete: BALCAEN SANDER — **Q-time: 00:37:03**

PB (50m pool): 00:51.11 Zwembad Brigitte Becue Oostend 27/05/2022 **PB (25m pool):** 00:37.03 **SB:** no time

	5 0 M
PB	00:51.11
	00:51.11
	. . : . . : . .

Coach feedback:

Event number: 15: 50M BUTTERFLY WOMEN 13-14 — Heat:5, starttime: 15:07

Heat: 5/5 Lane : 2 Athlete: LIBBRECHT ZOë — **Q-time: 00:31:49**

PB (50m pool): 00:31.49 Brugge 01/02/2026 **PB (25m pool):** 00:30.46 **SB:** 00:31.49 Brugge 01/02/2026

	5 0 M
PB	00:31.49
	00:31.49
	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: UZKZ

Event number: 18: 50M BACKSTROKE MEN 15-16 — Heat:3, starttime: 15:22

Heat: 3/3 Lane : 7 Athlete: BALCAEN SANDER — **Q-time: 00:30:37**

PB (50m pool): 00:32.20 Brugge 01/02/2026 **PB (25m pool):** 00:30.37 **SB:** 00:32.20 Brugge 01/02/2026

	50 M
PB	00:32.20
	00:32.20
	. . : . . : . .

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 13-14 — Heat:2, starttime: 15:52

Heat: 2/2 Lane : 3 Athlete: LIBBRECHT ZOë — **Q-time: 02:38:80**

PB (50m pool): 02:38.80 Antwerpen 20/07/2025 **PB (25m pool):** 02:43.45 **SB:** 02:40.57 Gent 08/02/2026

	50 M	100 M	150 M	200 M	
PB	00:34.12	01:13.37	01:54.50	02:38.80	
	00:34.12	*00:39.25*	*00:41.13*	*00:44.30*	
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Coach feedback: