VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansteenkiste Victor HEADCOACH

Coaches: Herreman Kurt

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BACKSTROKE WOMEN 13-14 — Heat:3, starttime: 14:35

Heat: 3/6 Lane : 2 Athlete: THIENPONDT NINA — **Q-time: 01:14:90**

PB (50m pool): 01:16.82 Kortrijk 04/05/2025 **PB (25m pool):** 01:14.90 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:38.29	01:16.82	
	00:38.29	*00:38.53*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 14:39

Heat: 5/6 Lane : 8 Athlete: LAGACIE AXELLE — **Q-time: 01:13:53**

PB (50m pool): 01:16.22 Brugge 01/02/2026 **PB (25m pool):** 01:13.53 **SB:** 01:16.22 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:36.68	01:16.22	
	00:36.68	*00:39.54*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13-14 — Heat:4, starttime: 14:51

Heat: 4/5 Lane : 6 Athlete: COENE TIELE — **Q-time: 01:10:97**

PB (50m pool): 01:10.97 Brugge 01/02/2026 **PB (25m pool):** 01:15.05 **SB:** 01:10.97 Brugge 01/02/2026

	5 0 M	1 0 0 M	
PB	00:33.83	01:10.97	
	00:33.83	*00:37.14*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: TIME

Event number: 12: 100M BACKSTROKE MEN 13-14 — Heat:5, starttime: 14:53

Heat: 5/5 Lane : 4 Athlete: VANSTEENKISTE VICTOR — **Q-time: 01:03:69**

PB (50m pool): 01:06.25 Antwerpen 20/07/2025 **PB (25m pool):** 01:03.69 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:32.52	01:06.25	
	00:32.52	*00:33.73*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 50M BREASTSTROKE MEN 15-16 — Heat:1, starttime: 14:59

Heat: 1/3 Lane : 2 Athlete: TACQ NATHAN — **Q-time: 00:34:31**

PB (50m pool): 00:35.24 Brugge 25/01/2026 **PB (25m pool):** 00:34.31 **SB:** 00:35.24 Brugge 25/01/2026

	5 0 M	
PB	00:35.24	
	00:35.24	
	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY WOMEN 13-14 — Heat:3, starttime: 15:05

Heat: 3/5 Lane : 2 Athlete: THIENPONDT NINA — **Q-time: 00:33:71**

PB (50m pool): 00:33.71 Brugge 14/02/2026 **PB (25m pool):** 00:33.81 **SB:** 00:33.71 Brugge 14/02/2026

	5 0 M	
PB	00:33.71	
	00:33.71	
	. . : . . : . .	

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16 — Heat:3, starttime: 15:22

Heat: 3/3 Lane : 8 Athlete: BAERT MIEL — **Q-time: 00:31:18**

PB (50m pool): 00:32.71 Brugge 23/02/2025 **PB (25m pool):** 00:31.18 **SB:** no time

	5 0 M	
PB	00:32.71	
	00:32.71	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: TIME

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:1, starttime: 15:35

Heat: 1/5 Lane : 5 Athlete: TACQ NATHAN — **Q-time: 02:11:49**

PB (50m pool): 02:15.13 Kortrijk 26/12/2025 **PB (25m pool):** 02:11.49 **SB:** 02:15.13 Kortrijk 26/12/2025

	50M	100M	150M	200M	
PB	00:30.53	01:04.86	01:40.46	02:15.13	
	00:30.53	*00:34.33*	*00:35.60*	*00:34.67*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:3, starttime: 15:41

Heat: 3/5 Lane : 1 Athlete: BAERT MIEL — **Q-time: 02:06:75**

PB (50m pool): 02:09.90 Antwerpen 20/07/2025 **PB (25m pool):** 02:06.75 **SB:** no time

	50M	100M	150M	200M	
PB	00:30.12	01:03.34	01:36.95	02:09.90	
	00:30.12	*00:33.22*	*00:33.61*	*00:32.95*	
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Coach feedback: