VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Iannino David HEADCOACH

Coaches: Januarius Bart

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BACKSTROKE WOMEN 13-14 Heat:6, starttime: 14:41

Heat: 6/6 Lane : 5 Athlete: AELEN BENTE **Q-time: 01:09:23**

PB (50m pool): 01:10.43 Molenbeek 01/02/2026 **PB (25m pool):** 01:09.23 **SB:** 01:10.43 Molenbeek 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:10.43	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13-14 Heat:5, starttime: 14:53

Heat: 5/5 Lane : 5 Athlete: VANOLANDE THIBAULT **Q-time: 01:06:10**

PB (50m pool): 01:10.18 Gent 08/02/2026 **PB (25m pool):** 01:06.10 **SB:** 01:10.18 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:33.91	01:10.18	
	00:33.91	*00:36.27*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13-14 Heat:5, starttime: 14:53

Heat: 5/5 Lane : 6 Athlete: LESCRAUWAET MAX **Q-time: 01:10:90**

PB (50m pool): 01:14.99 Antwerp 26/01/2025 **PB (25m pool):** 01:10.90 **SB:** 01:15.12 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:36.67	01:14.99	
	00:36.67	*00:38.32*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: STZ

Event number: 15: 50M BUTTERFLY WOMEN 13-14 — Heat:4, starttime: 15:06

Heat: 4/5 Lane : 5 Athlete: AELEN BENTE — **Q-time: 00:32:10**

PB (50m pool): 00:32.65 Gent 08/02/2026 **PB (25m pool):** 00:32.10 **SB:** 00:32.65 Gent 08/02/2026

	50 M
PB	00:32.65
	00:32.65
	. . : . . : . .

Coach feedback:

Event number: 15: 50M BUTTERFLY WOMEN 13-14 — Heat:5, starttime: 15:07

Heat: 5/5 Lane : 5 Athlete: IANNINO VALENTINA — **Q-time: 00:30:65**

PB (50m pool): 00:32.74 Molenbeek 01/02/2026 **PB (25m pool):** 00:30.65 **SB:** 00:32.74 Molenbeek 01/02/2026

	50 M
PB	00:32.74
	00:32.74
	. . : . . : . .

Coach feedback:

Event number: 16: 50M BUTTERFLY MEN 13-14 — Heat:5, starttime: 15:13

Heat: 5/5 Lane : 5 Athlete: VANOLANDE THIBAULT — **Q-time: 00:28:82**

PB (50m pool): 00:29.16 Gent 08/02/2026 **PB (25m pool):** 00:28.82 **SB:** 00:29.16 Gent 08/02/2026

	50 M
PB	00:29.16
	00:29.16
	. . : . . : . .

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 13-14 — Heat:1, starttime: 15:49

Heat: 1/2 Lane : 6 Athlete: AELEN BENTE — **Q-time: 03:01:62**

PB (50m pool): 03:01.62 Molenbeek 01/02/2026 **PB (25m pool):** no time **SB:** 03:01.62 Molenbeek 01/02/2026

	50 M	100 M	150 M	200 M
PB	no time	01:20.36	no time	03:01.62
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: