VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: SOS

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Victoor Inge

Coaches: Van Buggenhout Koen HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 14: 50M BREASTSTROKE MEN 15-16 — Heat:1, starttime: 14:59

Heat: 1/3 Lane : 5 Athlete: COENE XANDER — **Q-time: 00:32:37**

PB (50m pool): 00:32.66 Antwerpen 27/07/2025 **PB (25m pool):** 00:32.37 **SB:** 00:32.75 Lochristi 01/02/2026

	50 M
PB	00:32.66
	00:32.66
	. . : . . : . .

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16 — Heat:1, starttime: 15:19

Heat: 1/3 Lane : 5 Athlete: COENE XANDER — **Q-time: 00:28:81**

PB (50m pool): 00:30.32 Lochristi 01/02/2026 **PB (25m pool):** 00:28.81 **SB:** 00:30.32 Lochristi 01/02/2026

	50 M
PB	00:30.32
	00:30.32
	. . : . . : . .

Coach feedback:

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:2, starttime: 15:38

Heat: 2/5 Lane : 4 Athlete: VERHAMME MATTS — **Q-time: 02:07:27**

PB (50m pool): 02:09.06 Lago Gent Rozebroeken 04/05/2025 **PB (25m pool):** 02:07.27 **SB:** 02:12.85 Gent 08/02/2026

	50 M	100 M	150 M	200 M	
PB	00:30.01	01:03.42	01:37.71	02:09.06	
	00:30.01	*00:33.41*	*00:34.29*	*00:31.35*	
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Coach feedback: