VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Feyten Anne

Coaches: Bierinckx Kris HEADCOACH

Coaches: Verbeek Mats

Coaches: Wouters Maxim

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 11: 100M BACKSTROKE WOMEN 13-14 — Heat:4, starttime: 14:37

Heat: 4/6 Lane : 5 Athlete: BIERINCKX MIE — **Q-time: 01:09:45**

PB (50m pool): 01:14.39 Wezenberg 01/02/2026 **PB (25m pool):** 01:09.45 **SB:** 01:14.39 Wezenberg 01/02/2026

	50 M	100 M	
PB	00:35.61	01:14.39	
	00:35.61	*00:38.78*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 50M BREASTSTROKE WOMEN 15-16 — Heat:2, starttime: 14:56

Heat: 2/3 Lane : 5 Athlete: BOVEN AXELLE — **Q-time: 00:35:35**

PB (50m pool): 00:35.75 Antwerpen 27/07/2025 **PB (25m pool):** 00:35.35 **SB:** no time

	50 M	
PB	00:35.75	
	00:35.75	
	. . : . . : . .	

Coach feedback:

Event number: 13: 50M BREASTSTROKE WOMEN 15-16 — Heat:3, starttime: 14:57

Heat: 3/3 Lane : 1 Athlete: JANSSENS ELISABETH — **Q-time: 00:37:16**

PB (50m pool): 00:37.52 SportinGenk Park 21/04/2025 **PB (25m pool):** 00:37.16 **SB:** no time

	50 M	
PB	00:37.52	
	00:37.52	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 17: 50M BACKSTROKE WOMEN 15-16 — Heat:1, starttime: 15:14

Heat: 1/3 Lane : 1 Athlete: BELLENS LORE — **Q-time: 00:34:16**

PB (50m pool): no time **PB (25m pool):** 00:34.16 **SB:** no time

	50M
PB	no time
	no time
	. . : . . : . .

Coach feedback:

Event number: 17: 50M BACKSTROKE WOMEN 15-16 — Heat:1, starttime: 15:14

Heat: 1/3 Lane : 5 Athlete: BOVEN AXELLE — **Q-time: 00:31:50**

PB (50m pool): 00:32.63 Wezenberg 01/02/2026 **PB (25m pool):** 00:31.50 **SB:** 00:32.63 Wezenberg 01/02/2026

	50M
PB	00:32.63
	00:32.63
	. . : . . : . .

Coach feedback:

Event number: 17: 50M BACKSTROKE WOMEN 15-16 — Heat:2, starttime: 15:16

Heat: 2/3 Lane : 6 Athlete: MERTENS FEMKE — **Q-time: 00:32:24**

PB (50m pool): 00:33.32 Wezenberg 03/01/2026 **PB (25m pool):** 00:32.24 **SB:** 00:33.32 Wezenberg 03/01/2026

	50M
PB	00:33.32
	00:33.32
	. . : . . : . .

Coach feedback:

Event number: 19: 200M FREESTYLE WOMEN 15-16 — Heat:1, starttime: 15:24

Heat: 1/4 Lane : 1 Athlete: JANSSENS ELISABETH — **Q-time: 02:21:04**

PB (50m pool): 02:38.20 Lago Gent Rozebroeken 07/05/2023 **PB (25m pool):** 02:21.04 **SB:** no time

	50M	100M	150M	200M
PB	no time	no time	no time	02:38.20
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: SHARK

Event number: 19: 200M FREESTYLE WOMEN 15-16 **Heat:2, starttime: 15:27**

Heat: 2/4 Lane : 1 Athlete: BELLENS LORE **Q-time: 02:16:71**

PB (50m pool): 02:22.14 Wezenberg 01/02/2026 **PB (25m pool):** 02:16.71 **SB:** 02:22.14 Wezenberg 01/02/2026

	50M	100M	150M	200M	
PB	00:32.89	01:09.47	01:45.72	02:22.14	
	00:32.89	*00:36.58*	*00:36.25*	*00:36.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: