VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ronsmans Eric

Coaches: Vanmeerbeek Rob

Coaches: Delport Titia HEADCOACH

Coaches: Mous Anke

Coaches: Tampieri Matteo

Coaches: Lecoutere Jeroen

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 50M BREASTSTROKE WOMEN 15-16 — Heat:1, starttime: 14:55

Heat: 1/3 Lane : 2 Athlete: THYS LENA — **Q-time: 00:36:77**

PB (50m pool): 00:38.48 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.53 **SB:** no time

	5 0 M	
PB	00:38.48	
	00:38.48	
	. . : . . : . .	

Coach feedback:

Event number: 13: 50M BREASTSTROKE WOMEN 15-16 — Heat:1, starttime: 14:55

Heat: 1/3 Lane : 5 Athlete: WATELLE NONA — **Q-time: 00:35:40**

PB (50m pool): 00:35.68 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:35.40 **SB:** 00:36.48 Molenbeek 01/02/2026

	5 0 M	
PB	00:35.68	
	00:35.68	
	. . : . . : . .	

Coach feedback:

Event number: 14: 50M BREASTSTROKE MEN 15-16 — Heat:2, starttime: 15:00

Heat: 2/3 Lane : 6 Athlete: BOBEV BOYAN — **Q-time: 00:33:41**

PB (50m pool): 00:34.40 Wezenberg 03/01/2026 PB (25m pool): 00:33.41 **SB:** 00:34.40 Wezenberg 03/01/2026

	5 0 M	
PB	00:34.40	
	00:34.40	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 15: 50M BUTTERFLY WOMEN 13-14 — Heat:3, starttime: 15:05

Heat: 3/5 Lane : 5 Athlete: GINKELS FEBE — **Q-time: 00:32:95**

PB (50m pool): 00:33.61 Molenbeek 01/02/2026 **PB (25m pool):** 00:32.95 **SB:** 00:33.61 Molenbeek 01/02/2026

	5 0 M	
PB	00:33.61	
	00:33.61	
	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY MEN 13-14 — Heat:3, starttime: 15:11

Heat: 3/5 Lane : 1 Athlete: ROOMAN ALEXIS — **Q-time: 00:32:97**

PB (50m pool): 00:33.49 Molenbeek 01/02/2026 **PB (25m pool):** 00:32.97 **SB:** 00:33.49 Molenbeek 01/02/2026

	5 0 M	
PB	00:33.49	
	00:33.49	
	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY MEN 13-14 — Heat:5, starttime: 15:13

Heat: 5/5 Lane : 1 Athlete: RATIU MATHEO — **Q-time: 00:29:73**

PB (50m pool): 00:29.73 Molenbeek 01/02/2026 **PB (25m pool):** 00:29.55 **SB:** 00:29.73 Molenbeek 01/02/2026

	5 0 M	
PB	00:29.73	
	00:29.73	
	. . : . . : . .	

Coach feedback:

Event number: 17: 50M BACKSTROKE WOMEN 15-16 — Heat:3, starttime: 15:18

Heat: 3/3 Lane : 8 Athlete: WATELLE NONA — **Q-time: 00:34:20**

PB (50m pool): 00:34.20 Antwerpen 27/07/2025 **PB (25m pool):** no time **SB:** 00:34.93 Molenbeek 01/02/2026

	5 0 M	
PB	00:34.20	
	00:34.20	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 18: 50M BACKSTROKE MEN 15-16 — Heat:1, starttime: 15:19

Heat: 1/3 Lane : 4 Athlete: BERLAMONT DAAN — **Q-time: 00:27:71**

PB (50m pool): 00:29.04 Antwerpen 27/07/2025 **PB (25m pool):** 00:27.71 **SB:** no time

	50 M
PB	00:29.04
	00:29.04
	. . : . . : . .

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16 — Heat:1, starttime: 15:19

Heat: 1/3 Lane : 8 Athlete: BOBEV BOYAN — **Q-time: 00:32:37**

PB (50m pool): 00:33.86 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 00:32.37 **SB:** no time

	50 M
PB	00:33.86
	00:33.86
	. . : . . : . .

Coach feedback:

Event number: 19: 200M FREESTYLE WOMEN 15-16 — Heat:1, starttime: 15:24

Heat: 1/4 Lane : 3 Athlete: TEIRLINCK LOUISE — **Q-time: 02:17:74**

PB (50m pool): 02:19.92 Antwerpen 27/07/2025 **PB (25m pool):** 02:15.84 **SB:** no time

	50 M	100 M	150 M	200 M
PB	00:31.67	01:07.07	01:44.10	02:19.92
	00:31.67	*00:35.40*	*00:37.03*	*00:35.82*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 19: 200M FREESTYLE WOMEN 15-16 — Heat:3, starttime: 15:29

Heat: 3/4 Lane : 2 Athlete: THYS LENA — **Q-time: 02:13:59**

PB (50m pool): 02:18.76 Molenbeek 01/02/2026 **PB (25m pool):** 02:13.59 **SB:** 02:18.76 Molenbeek 01/02/2026

	50 M	100 M	150 M	200 M
PB	no time	01:07.26	no time	02:18.76
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 19: 200M FREESTYLE WOMEN 15-16 — Heat:4, starttime: 15:32

Heat: 4/4 Lane : 3 Athlete: ADELMANN CLARA CENXI — **Q-time: 02:07:01**

PB (50m pool): 02:08.43 Antwerp 09/02/2025 — **PB (25m pool):** 02:08.35 **SB:** 02:11.63 Luxembourg 01/02/2026

	50M	100M	150M	200M	
PB	00:29.44	01:01.66	01:35.39	02:08.43	
	00:29.44	*00:32.22*	*00:33.73*	*00:33.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:2, starttime: 15:38

Heat: 2/5 Lane : 7 Athlete: MEREMANS MATHYS — **Q-time: 02:09:43**

PB (50m pool): 02:12.10 Antwerpen 13/07/2025 — **PB (25m pool):** 02:09.43 **SB:** no time

	50M	100M	150M	200M	
PB	00:29.49	01:02.21	01:37.79	02:12.10	
	00:29.49	*00:32.72*	*00:35.58*	*00:34.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:5, starttime: 15:46

Heat: 5/5 Lane : 2 Athlete: LISSENS TUUR — **Q-time: 01:56:85**

PB (50m pool): 02:00.34 Antwerpen 27/07/2025 — **PB (25m pool):** 01:56.85 **SB:** 02:00.42 Luxembourg 01/02/2026

	50M	100M	150M	200M	
PB	00:28.03	00:58.48	01:29.53	02:00.34	
	00:28.03	*00:30.45*	*00:31.05*	*00:30.81*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:5, starttime: 15:46

Heat: 5/5 Lane : 6 Athlete: BERLAMONT DAAN — **Q-time: 01:56:83**

PB (50m pool): 02:05.71 Antwerpen 20/04/2025 — **PB (25m pool):** 01:56.83 **SB:** no time

	50M	100M	150M	200M	
PB	00:29.42	01:01.88	01:34.94	02:05.71	
	00:29.42	*00:32.46*	*00:33.06*	*00:30.77*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: LAQUA

Event number: 21: 200M BUTTERFLY WOMEN 13-14 — Heat:2, starttime: 15:52

Heat: 2/2 Lane : 6 Athlete: GINKELS FEBE — **Q-time: 02:41:41**

PB (50m pool): 03:03.60 Molenbeek 01/02/2026 **PB (25m pool):** 02:41.41 **SB:** 03:03.60 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:27.50	no time	03:03.60	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 13-14 — Heat:2, starttime: 16:00

Heat: 2/2 Lane : 2 Athlete: RATIU MATHEO — **Q-time: 02:38:73**

PB (50m pool): 02:46.59 Molenbeek 01/02/2026 **PB (25m pool):** 02:38.73 **SB:** 02:46.59 Molenbeek 01/02/2026

	50M	100M	150M	200M	
PB	no time	01:14.27	no time	02:46.59	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: