VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Destoop Jens

Coaches: Verschuere Nele

Coaches: Beel Steven

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 50M BREASTSTROKE WOMEN 15-16 — Heat:3, starttime: 14:57

Heat: 3/3 Lane : 2 Athlete: CARIS MARTHE — **Q-time: 00:36:72**

PB (50m pool): 00:37.25 Antwerpen 27/07/2025 **PB (25m pool):** 00:35.94 **SB:** 00:38.27 Kortrijk 15/02/2026

	5 0 M	
PB	00:37.25	
	00:37.25	
	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY MEN 13-14 — Heat:4, starttime: 15:12

Heat: 4/5 Lane : 1 Athlete: BEEL NOAH — **Q-time: 00:31:68**

PB (50m pool): 00:31.74 Brugge 01/02/2026 **PB (25m pool):** 00:31.68 **SB:** 00:31.74 Brugge 01/02/2026

	5 0 M	
PB	00:31.74	
	00:31.74	
	. . : . . : . .	

Coach feedback:

Event number: 17: 50M BACKSTROKE WOMEN 15-16 — Heat:2, starttime: 15:16

Heat: 2/3 Lane : 7 Athlete: CARIS MARTHE — **Q-time: 00:32:98**

PB (50m pool): 00:33.33 Brugge 02/03/2024 **PB (25m pool):** 00:32.55 **SB:** no time

	5 0 M	
PB	00:33.33	
	00:33.33	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: KWZC

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:5, starttime: 15:46

Heat: 5/5 Lane : 3 Athlete: BHIJA TARIQ — **Q-time: 01:55:33**

PB (50m pool): 01:59.24 Luxembourg 01/02/2026 **PB (25m pool):** 01:55.33 **SB:** 01:59.24 Luxembourg 01/02/2026

	50M	100M	150M	200M	
PB	00:27.50	00:57.47	01:28.43	01:59.24	
	00:27.50	*00:29.97*	*00:30.96*	*00:30.81*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 13-14 — Heat:1, starttime: 15:56

Heat: 1/2 Lane : 2 Athlete: BEEL NOAH — **Q-time: 02:47:36**

PB (50m pool): 02:47.36 Brugge 01/02/2026 **PB (25m pool):** 02:53.36 **SB:** 02:47.36 Brugge 01/02/2026

	50M	100M	150M	200M	
PB	00:36.81	01:18.53	02:03.80	02:47.36	
	00:36.81	*00:41.72*	*00:45.27*	*00:43.56*	
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Coach feedback: