VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Debby

Coaches: Vandeputte Pedro

Coaches: Desmet Lindsay

Coaches: Demeyere Linda HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 11: 100M BACKSTROKE WOMEN 13-14 — Heat:4, starttime: 14:37

Heat: 4/6 Lane : 3 Athlete: VELGHE LAURA — **Q-time: 01:10:79**

PB (50m pool): 01:13.18 Kortrijk 04/05/2025 **PB (25m pool):** 01:10.79 **SB:** no time

	50 M	100 M	
PB	00:35.32	01:13.18	
	00:35.32	*00:37.86*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 50M BREASTSTROKE WOMEN 15-16 — Heat:2, starttime: 14:56

Heat: 2/3 Lane : 1 Athlete: SCHACHT HANNE — **Q-time: 00:37:51**

PB (50m pool): 00:38.51 Brugge 23/02/2025 **PB (25m pool):** 00:36.97 **SB:** no time

	50 M	
PB	00:38.51	
	00:38.51	
	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY WOMEN 13-14 — Heat:4, starttime: 15:06

Heat: 4/5 Lane : 6 Athlete: VERSTRAETE LINDE — **Q-time: 00:32:36**

PB (50m pool): 00:32.36 Brugge 14/02/2026 **PB (25m pool):** 00:34.93 **SB:** 00:32.36 Brugge 14/02/2026

	50 M	
PB	00:32.36	
	00:32.36	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: IKZ

Event number: 15: 50M BUTTERFLY WOMEN 13-14 — Heat:5, starttime: 15:07

Heat: 5/5 Lane : 1 Athlete: VELGHE LAURA — **Q-time: 00:31:51**

PB (50m pool): 00:31.51 Brugge 01/02/2026 **PB (25m pool):** 00:31.84 **SB:** 00:31.51 Brugge 01/02/2026

	5 0 M
PB	00:31.51
	00:31.51
	. . : . . : . .

Coach feedback:

Event number: 17: 50M BACKSTROKE WOMEN 15-16 — Heat:1, starttime: 15:14

Heat: 1/3 Lane : 8 Athlete: SCHACHT HANNE — **Q-time: 00:35:51**

PB (50m pool): 00:35.51 Brugge 23/02/2025 **PB (25m pool):** 00:34.07 **SB:** no time

	5 0 M
PB	00:35.51
	00:35.51
	. . : . . : . .

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 13-14 — Heat:2, starttime: 15:52

Heat: 2/2 Lane : 2 Athlete: VELGHE LAURA — **Q-time: 02:44:78**

PB (50m pool): 02:44.84 Kortrijk 26/12/2025 **PB (25m pool):** 02:44.78 **SB:** 02:44.84 Kortrijk 26/12/2025

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:33.51	01:14.10	01:59.58	02:44.84
	00:33.51	*00:40.59*	*00:45.48*	*00:45.26*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 13-14 — Heat:2, starttime: 15:52

Heat: 2/2 Lane : 8 Athlete: VERSTRAETE LINDE — **Q-time: 02:50:14**

PB (50m pool): 02:50.14 Brugge 01/02/2026 **PB (25m pool):** 02:59.02 **SB:** 02:50.14 Brugge 01/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:36.37	01:21.56	02:06.74	02:50.14
	00:36.37	*00:45.19*	*00:45.18*	*00:43.40*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: