VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Broux Yves

Coaches: Smeets Mirthe

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 11: 100M BACKSTROKE WOMEN 13-14 — Heat:2, starttime: 14:32

Heat: 2/6 Lane : 1 Athlete: JANSSEN LAUREN — **Q-time: 01:17:29**

PB (50m pool): 01:20.82 Aalst 28/06/2025 **PB (25m pool):** 01:17.29 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:39.87	01:20.82	
	00:39.87	*00:40.95*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 13-14 — Heat:4, starttime: 14:51

Heat: 4/5 Lane : 2 Athlete: TORDEUR KILIAN — **Q-time: 01:11:36**

PB (50m pool): 01:16.89 Antwerpen 20/07/2025 **PB (25m pool):** 01:11.36 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:36.86	01:16.89	
	00:36.86	*00:40.03*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 50M BREASTSTROKE MEN 15-16 — Heat:3, starttime: 15:01

Heat: 3/3 Lane : 2 Athlete: ONA CESAR — **Q-time: 00:33:48**

PB (50m pool): no time **PB (25m pool):** 00:33.48 **SB:** no time

	5 0 M	
PB	no time	
	no time	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 19: 200M FREESTYLE WOMEN 15-16 **Heat:4, starttime: 15:32**

Heat: 4/4 Lane : 4 Athlete: VERVLOET ZOé **Q-time: 02:04:42**

PB (50m pool): **02:08.56** **Antwerpen** **27/07/2025** **PB (25m pool):** 02:04.42 **SB:** 02:11.20 Luxembourg 01/02/2026

	50M	100M	150M	200M	
PB	00:29.84	01:02.68	01:35.69	02:08.56	
	00:29.84	*00:32.84*	*00:33.01*	*00:32.87*	
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Coach feedback: