VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Nolf Elina

Coaches: Maene Stefaan HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 50M BREASTSTROKE WOMEN 15-16 Heat:2, starttime: 14:56

Heat: 2/3 Lane : 3 Athlete: MESTDAGH LAURE **Q-time: 00:35:63**

PB (50m pool): 00:35.83 Brugge 14/02/2026 **PB (25m pool):** 00:35.63 **SB:** 00:35.83 Brugge 14/02/2026

	50 M
PB	00:35.83
	00:35.83
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Coach feedback:

Event number: 19: 200M FREESTYLE WOMEN 15-16 Heat:2, starttime: 15:27

Heat: 2/4 Lane : 8 Athlete: MESTDAGH LAURE **Q-time: 02:16:73**

PB (50m pool): 02:21.42 Antwerpen 21/07/2024 **PB (25m pool):** 02:16.73 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	02:21.42	
	no time				
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Coach feedback: