VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mentens Nele HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 12: 100M BACKSTROKE MEN 13-14 — Heat:3, starttime: 14:48

Heat: 3/5 Lane : 6 Athlete: PROUVé VIKTOR — **Q-time: 01:11:01**

PB (50m pool): 01:14.66 Wezenberg 04/01/2026 **PB (25m pool):** 01:11.01 **SB:** 01:14.66 Wezenberg 04/01/2026

	5 0 M	1 0 0 M	
PB	00:36.42	01:14.66	
	00:36.42	*00:38.24*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 50M BREASTSTROKE MEN 15-16 — Heat:3, starttime: 15:01

Heat: 3/3 Lane : 3 Athlete: VAN HOOF COBE — **Q-time: 00:32:65**

PB (50m pool): 00:34.46 Antwerpen 13/07/2025 **PB (25m pool):** 00:32.65 **SB:** no time

	5 0 M	
PB	00:34.46	
	00:34.46	
	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY MEN 13-14 — Heat:4, starttime: 15:12

Heat: 4/5 Lane : 6 Athlete: PROUVé VIKTOR — **Q-time: 00:31:02**

PB (50m pool): 00:34.01 Antwerpen 20/04/2025 **PB (25m pool):** 00:31.02 **SB:** no time

	5 0 M	
PB	00:34.01	
	00:34.01	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 2: COACH evaluation sheet for TEAM: BEST

Event number: 17: 50M BACKSTROKE WOMEN 15-16 — Heat:2, starttime: 15:16

Heat: 2/3 Lane : 3 Athlete: VANDERLINDEN PAULIEN — **Q-time: 00:31:73**

PB (50m pool): 00:33.38 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 00:31.73 **SB:** 00:34.46 Molenbeek 01/02/2026

	50M
PB	00:33.38
	00:33.38
	. . : . . : . .

Coach feedback:

Event number: 20: 200M FREESTYLE MEN 15-16 — Heat:3, starttime: 15:41

Heat: 3/5 Lane : 3 Athlete: VAN HOOF COBE — **Q-time: 02:05:67**

PB (50m pool): 02:08.08 Antwerpen 27/07/2025 **PB (25m pool):** 02:05.67 **SB:** no time

	50M	100M	150M	200M	
PB	00:29.29	01:01.36	01:35.09	02:08.08	
	00:29.29	*00:32.07*	*00:33.73*	*00:32.99*	
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Coach feedback: