VJTC 2026: Session: 2: COACH Evaluation sheet for TEAM: ALZV

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Pinte Kevin HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 11: 100M BACKSTROKE WOMEN 13-14 Heat:3, starttime: 14:35

Heat: 3/6 Lane : 8 Athlete: VAN ROY ONAH **Q-time: 01:15:55**

PB (50m pool): 01:16.54 Molenbeek 01/02/2026 **PB (25m pool):** 01:15.12 **SB:** 01:16.54 Molenbeek 01/02/2026

	50 M	100 M	
PB	no time	01:16.54	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY WOMEN 13-14 Heat:5, starttime: 15:07

Heat: 5/5 Lane : 7 Athlete: VAN ROY ONAH **Q-time: 00:31:49**

PB (50m pool): 00:31.49 Gent 08/02/2026 **PB (25m pool):** 00:31.96 **SB:** 00:31.49 Gent 08/02/2026

	50 M	
PB	00:31.49	
	00:31.49	
	. . : . . : . .	

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 13-14 Heat:2, starttime: 15:52

Heat: 2/2 Lane : 7 Athlete: VAN ROY ONAH **Q-time: 02:48:75**

PB (50m pool): 02:54.68 Molenbeek 01/02/2026 **PB (25m pool):** 02:40.86 **SB:** 02:54.68 Molenbeek 01/02/2026

	50 M	100 M	150 M	200 M	
PB	no time	01:21.43	no time	02:54.68	
	no time				
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Coach feedback: