VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Weerdt Koen

Coaches: Gijsemans Liesbet

Coaches: De Belder Nathalie HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M MEDLEY MEN 15-16 — Heat:3, starttime: 09:36

Heat: 3/5 Lane : 4 Athlete: WIJSGEER VIKTOR — **Q-time: 02:24:62**

PB (50m pool): 02:29.52 Wezenberg 01/02/2026 **PB (25m pool):** 02:24.62 **SB:** 02:29.52 Wezenberg 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:34.89	01:13.39	01:53.18	02:29.52	
	00:34.89	*00:38.50*	*00:39.79*	*00:36.34*	
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Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 15-16 — Heat:1, starttime: 09:45

Heat: 1/4 Lane : 6 Athlete: SCHELLEMANS CHARLOTTE — **Q-time: 02:36:91**

PB (50m pool): 02:40.64 Antwerpen 27/07/2025 **PB (25m pool):** 02:36.91 **SB:** 02:52.11 Wezenberg 01/02/2026

	50 M	100 M	150 M	200 M	
PB	00:34.87	01:17.90	02:05.11	02:40.64	
	00:34.87	*00:43.03*	*00:47.21*	*00:35.53*	
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Coach feedback: