VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meyers Sepp HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 8: 50M BACKSTROKE MEN 13-14 — Heat:4, starttime: 10:51

Heat: 4/4 Lane : 5 Athlete: DE RIDDER ARNE — **Q-time: 00:29:99**

PB (50m pool): 00:29.99 Wezenberg 01/02/2026 **PB (25m pool):** 00:30.11 **SB:** 00:29.99 Wezenberg 01/02/2026

	50 M	
PB	00:29.99	
	00:29.99	
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Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:2, starttime: 10:55

Heat: 2/5 Lane : 2 Athlete: VERRET JULIE — **Q-time: 00:35:96**

PB (50m pool): 00:35.96 Aalst 11/05/2025 **PB (25m pool):** 00:34.53 **SB:** 00:36.50 Wezenberg 04/01/2026

	50 M	
PB	00:35.96	
	00:35.96	
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Coach feedback: