VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Dooren Glenn

Coaches: Neirynck Jan

Coaches: Wouters Ivan

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 4: 100M BREASTSTROKE MEN 13-14 — Heat:1, starttime: 10:18

Heat: 1/4 Lane : 2 Athlete: THIJSBAERT NIO — **Q-time: 01:26:99**

PB (50m pool): 01:28.11 Wezenberg 01/02/2026 **PB (25m pool):** 01:26.99 **SB:** 01:28.11 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:41.08	01:28.11	
	00:41.08	*00:47.03*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13-14 — Heat:3, starttime: 10:22

Heat: 3/4 Lane : 3 Athlete: VERDONCK STAN — **Q-time: 01:17:48**

PB (50m pool): 01:19.24 Wezenberg 01/02/2026 **PB (25m pool):** 01:17.48 **SB:** 01:19.24 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:37.30	01:19.24	
	00:37.30	*00:41.94*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 — Heat:3, starttime: 10:30

Heat: 3/4 Lane : 6 Athlete: BASSTANIE LIENE — **Q-time: 01:22:88**

PB (50m pool): 01:26.30 Wezenberg 01/02/2026 **PB (25m pool):** 01:22.88 **SB:** 01:26.30 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:40.79	01:26.30	
	00:40.79	*00:45.51*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: ZN

Event number: 8: 50M BACKSTROKE MEN 13-14 — Heat:4, starttime: 10:51

Heat: 4/4 Lane : 8 Athlete: VERDONCK STAN — **Q-time: 00:32:95**

PB (50m pool): no time **PB (25m pool):** 00:32.95 **SB:** no time

	5 0 M	
PB	no time	
	no time	
	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:3, starttime: 10:56

Heat: 3/5 Lane : 6 Athlete: BASSTANIE LIENE — **Q-time: 00:34:78**

PB (50m pool): 00:36.42 Antwerpen 20/04/2025 **PB (25m pool):** 00:34.78 **SB:** 00:36.48 Wezenberg 01/02/2026

	5 0 M	
PB	00:36.42	
	00:36.42	
	. . : . . : . .	

Coach feedback: