VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hanssens Yash

Coaches: Verluyten Philippe

Coaches: Guldentops Kevin

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M MEDLEY MEN 15-16 — Heat:2, starttime: 09:33

Heat: 2/5 Lane : 3 Athlete: SCHRAUWEN BJARNE — **Q-time: 02:27:07**

PB (50m pool): 02:30.37 Lochristi 01/02/2026 **PB (25m pool):** 02:27.07 **SB:** 02:30.37 Lochristi 01/02/2026

	50M	100M	150M	200M	
PB	no time	no time	no time	02:30.37	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 15-16 — Heat:2, starttime: 09:48

Heat: 2/4 Lane : 5 Athlete: STESSENS EMMA-LOUISE — **Q-time: 02:33:23**

PB (50m pool): 02:37.63 Antwerpen 20/07/2025 **PB (25m pool):** 02:33.23 **SB:** 02:39.17 Wezenberg 03/01/2026

	50M	100M	150M	200M	
PB	00:34.03	01:15.24	02:01.99	02:37.63	
	00:34.03	*00:41.21*	*00:46.75*	*00:35.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 15-16 — Heat:3, starttime: 09:51

Heat: 3/4 Lane : 4 Athlete: VERLUYTEN LENI — **Q-time: 02:29:92**

PB (50m pool): 02:35.50 Antwerpen 21/07/2024 **PB (25m pool):** 02:29.92 **SB:** no time

	50M	100M	150M	200M	
PB	no time	no time	no time	02:35.50	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 2: 200M MEDLEY WOMEN 15-16 — Heat:4, starttime: 09:54

Heat: 4/4 Lane : 7 Athlete: VAN BUNDER AMY — **Q-time: 02:28:41**

PB (50m pool): 02:34.84 Lochristi 01/02/2026 **PB (25m pool):** 02:28.41 **SB:** 02:34.84 Lochristi 01/02/2026

	50M	100M	150M	200M
PB	no time	no time	no time	02:34.84
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13-14 — Heat:2, starttime: 10:20

Heat: 2/4 Lane : 3 Athlete: KARER MALIK — **Q-time: 01:17:63**

PB (50m pool): 01:21.48 Lochristi 01/02/2026 **PB (25m pool):** 01:17.63 **SB:** 01:21.48 Lochristi 01/02/2026

	50M	100M
PB	no time	01:21.48
	no time	
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13-14 — Heat:3, starttime: 10:22

Heat: 3/4 Lane : 1 Athlete: AERENS JEF — **Q-time: 01:23:02**

PB (50m pool): 01:26.96 Antwerpen 21/07/2024 **PB (25m pool):** 01:23.02 **SB:** 01:26.97 Lochristi 01/02/2026

	50M	100M
PB	no time	01:26.96
	no time	
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 15-16 — Heat:4, starttime: 10:39

Heat: 4/4 Lane : 7 Athlete: SCIACCA LEANDRO — **Q-time: 01:04:19**

PB (50m pool): 01:06.49 Wezenberg 03/01/2026 **PB (25m pool):** 01:04.19 **SB:** 01:06.49 Wezenberg 03/01/2026

	50M	100M
PB	00:30.60	01:06.49
	00:30.60	*00:35.89*
	. . : . . : . .	. . : . . : . .

Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 7: 100M BUTTERFLY WOMEN 15-16 — Heat:1, starttime: 10:41

Heat: 1/3 Lane : 3 Athlete: VAN BUNDER AMY — **Q-time: 01:06:88**

PB (50m pool): 01:08.96 Lochristi 01/02/2026 **PB (25m pool):** 01:06.88 **SB:** 01:08.96 Lochristi 01/02/2026

	50 M	100 M	
PB	no time	01:08.96	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 15-16 — Heat:2, starttime: 10:43

Heat: 2/3 Lane : 2 Athlete: GAUDAEN MAUD — **Q-time: 01:08:96**

PB (50m pool): 01:11.13 Antwerpen 20/07/2025 **PB (25m pool):** 01:08.96 **SB:** no time

	50 M	100 M	
PB	00:32.99	01:11.13	
	00:32.99	*00:38.14*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:2, starttime: 10:55

Heat: 2/5 Lane : 7 Athlete: VAN BUNDER INEZ — **Q-time: 00:35:98**

PB (50m pool): 00:35.98 Wezenberg 04/01/2026 **PB (25m pool):** no time **SB:** 00:35.98 Wezenberg 04/01/2026

	50 M	
PB	00:35.98	
	00:35.98	
	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 10:59

Heat: 5/5 Lane : 4 Athlete: DE JONG SUZAN — **Q-time: 00:31:15**

PB (50m pool): 00:32.16 Lochristi 01/02/2026 **PB (25m pool):** 00:31.15 **SB:** 00:32.16 Lochristi 01/02/2026

	50 M	
PB	00:32.16	
	00:32.16	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 9: 50M BACKSTROKE WOMEN 13-14	Heat:5, starttime: 10:59
Heat: 5/5 Lane : 7 Athlete: VERLUYTEN NIENE	Q-time: 00:33:05

PB (50m pool): 00:34.22 Antwerpen 20/04/2025 **PB (25m pool):** 00:33.05 **SB:** no time

	50 M	
PB	00:34.22	
	00:34.22	
	. . : . . : . .	

Coach feedback: