VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Remans Sander HEADCOACH

Coaches: Deprez Lukas

Coaches: Mattheus Ibe

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 4: 100M BREASTSTROKE MEN 13-14 — Heat:1, starttime: 10:18

Heat: 1/4 Lane : 7 Athlete: NIJS BAS — **Q-time: 01:29:30**

PB (50m pool): 01:29.30 Molenbeek 01/02/2026 **PB (25m pool):** 01:29.02 **SB:** 01:29.30 Molenbeek 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:29.30	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 10:26

Heat: 1/4 Lane : 2 Athlete: MAES JULIE — **Q-time: 01:28:64**

PB (50m pool): 01:28.64 Molenbeek 01/02/2026 **PB (25m pool):** 01:24.26 **SB:** 01:28.64 Molenbeek 01/02/2026

	5 0 M	1 0 0 M	
PB	no time	01:28.64	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13-14 — Heat:2, starttime: 10:48

Heat: 2/4 Lane : 3 Athlete: NIJS BAS — **Q-time: 00:34:59**

PB (50m pool): 00:34.59 Molenbeek 01/02/2026 **PB (25m pool):** 00:34.58 **SB:** 00:34.59 Molenbeek 01/02/2026

	5 0 M	
PB	00:34.59	
	00:34.59	
	. . : . . : . .	

Coach feedback: