VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Iannino David HEADCOACH

Coaches: Januarius Bart

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 100M BREASTSTROKE MEN 13-14 Heat:2, starttime: 10:20

Heat: 2/4 Lane : 4 Athlete: LESCRAUWAET MAX **Q-time: 01:13:35**

PB (50m pool): 01:15.64 Gent 08/02/2026 **PB (25m pool):** 01:13.35 **SB:** 01:15.64 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:34.83	01:15.64	
	00:34.83	*00:40.81*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 Heat:1, starttime: 10:26

Heat: 1/4 Lane : 7 Athlete: DHONDT ANNELIEN **Q-time: 01:30:09**

PB (50m pool): 01:33.35 Lago Gent Rozebroeken 04/05/2025 **PB (25m pool):** 01:30.09 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:45.00	01:33.35	
	00:45.00	*00:48.35*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13-14 Heat:3, starttime: 10:50

Heat: 3/4 Lane : 2 Athlete: LESCRAUWAET MAX **Q-time: 00:33:72**

PB (50m pool): 00:34.02 Gent 08/02/2026 **PB (25m pool):** 00:33.72 **SB:** 00:34.02 Gent 08/02/2026

	5 0 M	
PB	00:34.02	
	00:34.02	
	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 8: 50M BACKSTROKE MEN 13-14 — Heat:4, starttime: 10:51

Heat: 4/4 Lane : 6 Athlete: VANOLANDE THIBAULT — **Q-time: 00:30:79**

PB (50m pool): 00:31.56 Molenbeek 01/02/2026 — **PB (25m pool):** 00:30.79 **SB:** 00:31.56 Molenbeek 01/02/2026

	5 0 M	
PB	00:31.56	
	00:31.56	
	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:1, starttime: 10:53

Heat: 1/5 Lane : 4 Athlete: IANNINO VALENTINA — **Q-time: 00:36:13**

PB (50m pool): no time — **PB (25m pool):** 00:36.13 **SB:** no time

	5 0 M	
PB	no time	
	no time	
	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:5, starttime: 10:59

Heat: 5/5 Lane : 3 Athlete: AELEN BENTE — **Q-time: 00:32:66**

PB (50m pool): 00:33.41 Gent 08/02/2026 — **PB (25m pool):** 00:32.66 **SB:** 00:33.41 Gent 08/02/2026

	5 0 M	
PB	00:33.41	
	00:33.41	
	. . : . . : . .	

Coach feedback: