VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandermeulen Eric HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 4: 100M BREASTSTROKE MEN 13-14 — Heat:3, starttime: 10:22

Heat: 3/4 Lane : 4 Athlete: VAN GOETHEM ARTHUR — **Q-time: 01:12:89**

PB (50m pool): 01:18.44 Gent 08/02/2026 **PB (25m pool):** 01:12.89 **SB:** 01:18.44 Gent 08/02/2026

	50 M	100 M	
PB	00:37.09	01:18.44	
	00:37.09	*00:41.35*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 10:26

Heat: 1/4 Lane : 4 Athlete: DE SMET AMéLIE — **Q-time: 01:26:71**

PB (50m pool): 01:28.73 Lochristi 01/02/2026 **PB (25m pool):** 01:25.08 **SB:** 01:28.73 Lochristi 01/02/2026

	50 M	100 M	
PB	no time	01:28.73	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:2, starttime: 10:55

Heat: 2/5 Lane : 4 Athlete: DE SMET AMéLIE — **Q-time: 00:35:22**

PB (50m pool): 00:35.73 Gent 08/02/2026 **PB (25m pool):** 00:35.22 **SB:** 00:35.73 Gent 08/02/2026

	50 M	
PB	00:35.73	
	00:35.73	
	. . : . . : . .	

Coach feedback: