VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: LZV

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lammens Tim

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 9: 50M BACKSTROKE WOMEN 13-14 Heat:3, starttime: 10:56

Heat: 3/5 Lane : 3 Athlete: LAMMENS ALIX	Q-time: 00:34:61

PB (50m pool): 00:35.56 Aalst 11/05/2025 **PB (25m pool):** 00:34.61 **SB:** no time

	50M	
PB	00:35.56	
	00:35.56	
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Coach feedback: