VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lievens Stijn

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 3: 1500M FREESTYLE MEN 15-16 — Heat:1, starttime: 09:58

Heat: 1/1 Lane : 4 Athlete: DE WITTE LEO — **Q-time: 17:22:21**

PB (50m pool): no time **PB (25m pool):** 17:22.21 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	450M	500M	550M	600M	650M	700M	750M	800M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	850M	900M	950M	1000M	1050M	1100M	1150M	1200M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	1 150M	1300M	1350M	1400M	1450M	1500M	
PB	no time	no time	no time	no time	no time	no time	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13-14 — Heat:3, starttime: 10:22

Heat: 3/4 Lane : 5 Athlete: VOET LARS — **Q-time: 01:15:12**

PB (50m pool): 01:19.54 Molenbeek 01/02/2026 **PB (25m pool):** 01:15.12 **SB:** 01:19.54 Molenbeek 01/02/2026

	50M	100M	
PB	no time	01:19.54	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: KAZS

Event number: 7: 100M BUTTERFLY WOMEN 15-16 **Heat:1, starttime: 10:41**

Heat: 1/3 Lane : 7 Athlete: ASSCHERICKX CHLOé **Q-time: 01:09:93**

PB (50m pool): 01:11.55 Zwembad Brigitte Becue 30/05/2025 **PB (25m pool):** 01:09.93 **SB:** 01:13.16 Molenbeek 01/02/2026

	50M	100M	
PB	00:33.10	01:11.55	
	00:33.10	*00:38.45*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: