VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandeputte Debby

Coaches: Vandeputte Pedro

Coaches: Desmet Lindsay

Coaches: Demeyere Linda HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 2: 200M MEDLEY WOMEN 15-16 — Heat:3, starttime: 09:51

Heat: 3/4 Lane : 6 Athlete: SCHACHT HANNE — **Q-time: 02:31:65**

PB (50m pool): 02:36.87 Brugge 23/02/2025 **PB (25m pool):** 02:31.65 **SB:** no time

	50M	100M	150M	200M	
PB	00:35.44	01:16.60	02:01.28	02:36.87	
	00:35.44	*00:41.16*	*00:44.68*	*00:35.59*	
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Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:4, starttime: 10:58

Heat: 4/5 Lane : 3 Athlete: VELGHE LAURA — **Q-time: 00:34:17**

PB (50m pool): 00:34.17 Brugge 25/01/2026 **PB (25m pool):** 00:34.19 **SB:** 00:34.17 Brugge 25/01/2026

	50M	
PB	00:34.17	
	00:34.17	
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Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:4, starttime: 10:58

Heat: 4/5 Lane : 4 Athlete: VERSTRAETE LINDE — **Q-time: 00:33:54**

PB (50m pool): 00:34.46 Brugge 01/02/2026 **PB (25m pool):** 00:33.54 **SB:** 00:34.46 Brugge 01/02/2026

	50M	
PB	00:34.46	
	00:34.46	
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Coach feedback: