VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Geerits Valerie

Coaches: Smeets Sara HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M MEDLEY MEN 15-16 — Heat:2, starttime: 09:33

Heat: 2/5 Lane : 2 Athlete: METTEN VINCE — **Q-time: 02:27:27**

PB (50m pool): 02:25.12 Antwerpen 27/07/2025 **PB (25m pool):** 02:19.54 **SB:** no time

	50M	100M	150M	200M	
PB	00:31.32	01:10.89	01:51.86	02:25.12	
	00:31.32	*00:39.57*	*00:40.97*	*00:33.26*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13-14 — Heat:3, starttime: 10:22

Heat: 3/4 Lane : 8 Athlete: WALTERUS KILYAN — **Q-time: 01:24:82**

PB (50m pool): 01:24.82 Genk 01/02/2026 **PB (25m pool):** 01:22.59 **SB:** 01:24.82 Genk 01/02/2026

	50M	100M	
PB	00:38.79	01:24.82	
	00:38.79	*00:46.03*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 10:26

Heat: 1/4 Lane : 1 Athlete: JORISKES LORE — **Q-time: 01:30:59**

PB (50m pool): 01:30.59 Antwerp 26/01/2025 **PB (25m pool):** 01:28.49 **SB:** 01:35.60 Genk 01/02/2026

	50M	100M	
PB	00:42.35	01:30.59	
	00:42.35	*00:48.24*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 10:26

Heat: 1/4 Lane : 3 Athlete: DE BELDER KATO — **Q-time: 01:27:26**

PB (50m pool): 01:27.26 Antwerpen 20/07/2025 **PB (25m pool):** 01:23.89 **SB:** 01:28.86 Genk 01/02/2026

	5 0 M	1 0 0 M	
PB	00:41.15	01:27.26	
	00:41.15	*00:46.11*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 — Heat:2, starttime: 10:28

Heat: 2/4 Lane : 7 Athlete: NOUWEN FLEUR — **Q-time: 01:24:38**

PB (50m pool): 01:24.38 Antwerpen 20/07/2025 **PB (25m pool):** 01:24.73 **SB:** 01:28.12 Genk 01/02/2026

	5 0 M	1 0 0 M	
PB	00:40.26	01:24.38	
	00:40.26	*00:44.12*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 — Heat:4, starttime: 10:32

Heat: 4/4 Lane : 1 Athlete: RUELENS COBIEN — **Q-time: 01:24:57**

PB (50m pool): 01:24.57 Antwerpen 20/07/2025 **PB (25m pool):** 01:20.91 **SB:** 01:26.33 Genk 01/02/2026

	5 0 M	1 0 0 M	
PB	00:38.96	01:24.57	
	00:38.96	*00:45.61*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 15-16 — Heat:2, starttime: 10:36

Heat: 2/4 Lane : 7 Athlete: EVENS MATS — **Q-time: 01:04:87**

PB (50m pool): 01:04.87 Neuss 07/12/2025 **PB (25m pool):** 01:03.39 **SB:** 01:04.87 Neuss 07/12/2025

	5 0 M	1 0 0 M	
PB	00:28.89	01:04.87	
	00:28.89	*00:35.98*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 50M BACKSTROKE MEN 13-14 — Heat:1, starttime: 10:47

Heat: 1/4 Lane : 5 Athlete: GEUTJENS MAXIME — **Q-time: 00:36:56**

PB (50m pool): no time **PB (25m pool):** 00:35.01 **SB:** no time

	5 0 M	
PB	no time	
	no time	
	. . : . . : . .	

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13-14 — Heat:2, starttime: 10:48

Heat: 2/4 Lane : 2 Athlete: WALTERUS KILYAN — **Q-time: 00:34:69**

PB (50m pool): 00:34.69 Antwerpen 20/04/2025 **PB (25m pool):** 00:33.20 **SB:** 00:35.23 Genk 01/02/2026

	5 0 M	
PB	00:34.69	
	00:34.69	
	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:1, starttime: 10:53

Heat: 1/5 Lane : 7 Athlete: SCHOUTEDEN NIENKE — **Q-time: 00:37:25**

PB (50m pool): 00:44.25 Antwerpen 16/04/2023 **PB (25m pool):** 00:35.71 **SB:** no time

	5 0 M	
PB	00:44.25	
	00:44.25	
	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:4, starttime: 10:58

Heat: 4/5 Lane : 5 Athlete: THEUWISSEN NORE — **Q-time: 00:33:62**

PB (50m pool): 00:33.62 Genk 01/02/2026 **PB (25m pool):** 00:32.57 **SB:** 00:33.62 Genk 01/02/2026

	5 0 M	
PB	00:33.62	
	00:33.62	
	. . : . . : . .	

Coach feedback: