VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gijsens Cato

Coaches: Claes Steven HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M MEDLEY MEN 15-16 — Heat:2, starttime: 09:33

Heat: 2/5 Lane : 1 Athlete: VANSTECHELMAN LUCAS — **Q-time: 02:27:44**

PB (50m pool): 02:29.25 Antwerpen 20/07/2025 **PB (25m pool):** 02:27.44 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:32.08	01:12.36	01:55.65	02:29.25	
	00:32.08	*00:40.28*	*00:43.29*	*00:33.60*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 15-16 — Heat:3, starttime: 09:51

Heat: 3/4 Lane : 8 Athlete: VAN DER MEEREN LOTTE — **Q-time: 02:32:61**

PB (50m pool): 02:37.96 Antwerpen 21/07/2024 **PB (25m pool):** 02:32.61 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	02:37.96	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 15-16 — Heat:2, starttime: 10:43

Heat: 2/3 Lane : 8 Athlete: VAN DER MEEREN LOTTE — **Q-time: 01:12:03**

PB (50m pool): 01:12.03 Lago Gent Rozebroeken 04/05/2025 **PB (25m pool):** 01:13.18 **SB:** 01:15.81 Gent 08/02/2026

	50 M	100 M	
PB	00:33.84	01:12.03	
	00:33.84	*00:38.19*	
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Coach feedback:

VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 8: 50M BACKSTROKE MEN 13-14 — Heat:2, starttime: 10:48

Heat: 2/4 Lane : 1 Athlete: JACQUEMYNS KOBE — **Q-time: 00:35:59**

PB (50m pool): 00:35.59 Wezenberg 04/01/2026 — **PB (25m pool):** 00:35.81 **SB:** 00:35.59 Wezenberg 04/01/2026

	5 0 M	
PB	00:35.59	
	00:35.59	
	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 13-14 — Heat:2, starttime: 10:55

Heat: 2/5 Lane : 8 Athlete: WYFFELS LOUISE MARIE — **Q-time: 00:36:09**

PB (50m pool): 00:37.68 Wezenberg 04/01/2026 — **PB (25m pool):** 00:36.09 **SB:** 00:37.68 Wezenberg 04/01/2026

	5 0 M	
PB	00:37.68	
	00:37.68	
	. . : . . : . .	

Coach feedback: