VJTC 2026: Session: 1: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Nolf Elina

Coaches: Maene Stefaan HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 2: 200M MEDLEY WOMEN 15-16 — Heat:2, starttime: 09:48

Heat: 2/4 Lane : 1 Athlete: MESTDAGH LAURE — **Q-time: 02:35:28**

PB (50m pool): 02:36.61 Antwerpen 21/07/2024 **PB (25m pool):** 02:35.28 **SB:** no time

	50M	100M	150M	200M	
PB	no time	no time	no time	02:36.61	
	no time				
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Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 13-14 — Heat:1, starttime: 10:26

Heat: 1/4 Lane : 6 Athlete: KIELB KORNELIA — **Q-time: 01:28:17**

PB (50m pool): 01:32.47 Brugge 01/02/2026 **PB (25m pool):** 01:28.17 **SB:** 01:32.47 Brugge 01/02/2026

	50M	100M	
PB	00:44.08	01:32.47	
	00:44.08	*00:48.39*	
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Coach feedback: