

Flanders Speedo Cup 2014  
ANTWERPEN, 25/ - 26/1/2014

Event 1  
25/01/2014 - 16:00

Women, 800m Freestyle

Open  
Results

Event record	8:27.93	Friis Lotte	DEN		14/01/2012
Belgisch record	8:34.56	Arnould Isabelle	LGN	Seoul (KOR)	23/09/1988
Vlaams Record	8:44.84	Verbauwen Pascale		Moskou	27/07/1980

Limieten Flanders Speedo Cup 11 - 14: 9:58.43; 15: 10:30.97; 16: 10:26.89; 17: 10:04.15; 18: 9:59.35; 19 +: 9:58.43

Points: FINA 2013

Rank			YB			Country	Time			Pts		
Open												
1.	Carlin Jazmin		90			GBR	8:18.58	<b>8:26.12</b>	930			
	100m:	1:01.29	1:01.29	300m:	3:09.48	1:04.34	500m:	5:17.30	1:03.65	700m:	7:24.62	1:03.66
	200m:	2:05.13	1:03.84	400m:	4:13.64	1:04.16	600m:	6:20.95	1:03.65	800m:	8:26.12	1:01.50
2.	Hosszu Katinka		89			HUN	8:37.77	<b>8:40.90</b>	853			
	100m:	1:01.78	1:01.78	300m:	3:10.27	1:04.62	500m:	5:22.74	1:06.81	700m:	7:37.85	1:07.31
	200m:	2:05.65	1:03.86	400m:	4:15.93	1:05.65	600m:	6:30.54	1:07.79	800m:	8:40.90	1:03.04
3.	Faulkner Eleanor		93			GBR	8:25.36	<b>8:40.99</b>	852			
	100m:	1:02.07	1:02.07	300m:	3:13.58	1:06.02	500m:	5:25.72	1:06.06	700m:	7:37.59	1:05.74
	200m:	2:07.55	1:05.47	400m:	4:19.66	1:06.08	600m:	6:31.84	1:06.11	800m:	8:40.99	1:03.40
4.	Mattens Edith		97	KZK/21008/97		BEL	8:56.41	<b>8:58.07</b>	774			
	100m:	1:05.05	1:05.05	300m:	3:20.39	1:07.76	500m:	5:35.66	1:07.41	700m:	7:51.61	1:08.02
	200m:	2:12.63	1:07.57	400m:	4:28.24	1:07.85	600m:	6:43.59	1:07.92	800m:	8:58.07	1:06.46
5.	Gruhn Denise		90	066843		GER	8:50.00	<b>8:59.99</b>	766			
	100m:	1:04.68	1:04.68	300m:	3:20.22	1:07.77	500m:	5:36.32	1:08.18	700m:	7:54.38	1:09.04
	200m:	2:12.44	1:07.76	400m:	4:28.14	1:07.92	600m:	6:45.33	1:09.01	800m:	8:59.99	1:05.61
6.	Olivier Monique		98			LUX	8:59.50	<b>9:00.07</b>	765			
	100m:	1:04.28	1:04.28	300m:	3:20.07	1:08.35	500m:	5:37.20	1:08.38	700m:	7:54.00	1:08.14
	200m:	2:11.71	1:07.43	400m:	4:28.82	1:08.74	600m:	6:45.85	1:08.64	800m:	9:00.07	1:06.07
7.	Danieli Yael		97			ISR	9:17.17	<b>9:05.22</b>	744			
	100m:	1:05.69	1:05.69	300m:	3:23.07	1:08.30	500m:	5:40.60	1:08.98	700m:	7:57.88	1:08.43
	200m:	2:14.77	1:09.07	400m:	4:31.62	1:08.54	600m:	6:49.44	1:08.84	800m:	9:05.22	1:07.34
8.	Cnockaert Julie		96	BZK/20507/96		BEL	9:08.85	<b>9:09.24</b>	728			
	100m:	1:05.06	1:05.06	300m:	3:22.76	1:09.05	500m:	5:42.25	1:09.71	700m:	8:02.13	1:10.13
	200m:	2:13.71	1:08.64	400m:	4:32.53	1:09.77	600m:	6:52.00	1:09.75	800m:	9:09.24	1:07.10
9.	Friskes Manon		97	199701566		NED	9:37.82	<b>9:14.67</b>	706			
	100m:	1:04.77	1:04.77	300m:	3:22.84	1:08.92	500m:	5:42.37	1:10.39	700m:	8:04.42	1:11.30
	200m:	2:13.91	1:09.14	400m:	4:31.98	1:09.14	600m:	6:53.11	1:10.74	800m:	9:14.67	1:10.25
10.	Boits Louve		98	BRABO/20624/98		BEL	9:08.20	<b>9:15.72</b>	702			
	100m:	1:04.10	1:04.10	300m:	3:22.73	1:09.61	500m:	5:44.38	1:10.73	700m:	8:06.93	1:11.45
	200m:	2:13.12	1:09.02	400m:	4:33.65	1:10.91	600m:	6:55.47	1:11.09	800m:	9:15.72	1:08.79
11.	Contrino Newt		97	BRABO/20576/97		BEL	9:22.79	<b>9:23.20</b>	675			
	100m:	1:05.80	1:05.80	300m:	3:26.94	1:10.59	500m:	5:49.83	1:11.35	700m:	8:13.85	1:12.00
	200m:	2:16.35	1:10.54	400m:	4:38.47	1:11.53	600m:	7:01.85	1:12.01	800m:	9:23.20	1:09.35
12.	Verschaeve Lotte		97	KZK/20673/97		BEL	9:25.08	<b>9:31.33</b>	646			
	100m:	1:06.28	1:06.28	300m:	3:30.82	1:13.01	500m:	5:55.48	1:11.73	700m:	8:20.69	1:13.32
	200m:	2:17.81	1:11.52	400m:	4:43.75	1:12.93	600m:	7:07.37	1:11.88	800m:	9:31.33	1:10.63
13.	Ponteur Ellen		99	MEGA/20459/99		BEL	9:39.05	<b>9:31.70</b>	645			
	100m:	1:07.32	1:07.32	300m:	3:31.91	1:12.18	500m:	5:57.03	1:12.55	700m:	8:22.77	1:13.32
	200m:	2:19.73	1:12.40	400m:	4:44.48	1:12.56	600m:	7:09.44	1:12.40	800m:	9:31.70	1:08.93

Flanders Speedo Cup 2014  
ANTWERPEN, 25/ - 26/1/2014

Event 1, Women, 800m Freestyle, Open

Rank	YB				Time				Pts
14. Joris Lindsay	98	HZS/20393/98	BEL	9:27.48	<b>9:41.10</b>			614	
	100m: 1:06.76	1:06.76	300m: 3:32.21	1:13.20	500m: 6:01.06	1:14.64	700m: 8:29.29	1:13.86	
	200m: 2:19.01	1:12.24	400m: 4:46.41	1:14.19	600m: 7:15.43	1:14.37	800m: 9:41.10	1:11.80	
15. Verstraete Tyana	99	ROSC/21014/99	BEL	10:12.02	<b>9:45.87</b>			599	
	100m: 1:08.65	1:08.65	300m: 3:36.78	1:14.37	500m: 6:05.94	1:14.84	700m: 8:36.16	1:14.92	
	200m: 2:22.41	1:13.75	400m: 4:51.10	1:14.31	600m: 7:21.24	1:15.30	800m: 9:45.87	1:09.71	
16. Bohnenkamp Linda	96	213375	GER	9:42.20	<b>9:45.98</b>			599	
	100m: 1:08.03	1:08.03	300m: 3:36.04	1:14.88	500m: 6:05.32	1:14.80	700m: 8:34.53	1:14.53	
	200m: 2:21.16	1:13.12	400m: 4:50.52	1:14.47	600m: 7:19.99	1:14.67	800m: 9:45.98	1:11.45	
17. Verdijck Astrid	99	DDAT/20233/99	BEL	9:52.87	<b>9:49.40</b>			589	
	100m: 1:08.48	1:08.48	300m: 3:35.90	1:14.23	500m: 6:05.64	1:15.06	700m: 8:36.12	1:15.26	
	200m: 2:21.66	1:13.18	400m: 4:50.58	1:14.68	600m: 7:20.86	1:15.21	800m: 9:49.40	1:13.28	
18. Biesemans Boo	99	SHARK/20361/99	BEL	9:42.47	<b>9:50.43</b>			586	
	100m: 1:08.07	1:08.07	300m: 3:36.14	1:14.49	500m: 6:06.17	1:15.64	700m: 8:37.58	1:15.99	
	200m: 2:21.65	1:13.57	400m: 4:50.53	1:14.38	600m: 7:21.59	1:15.42	800m: 9:50.43	1:12.84	
19. Gysen Sophie-Charlotte	99	MOZKA/20309/99	BEL	9:35.81	<b>9:52.69</b>			579	
	100m: 1:08.10	1:08.10	300m: 3:38.03	1:15.30	500m: 6:08.50	1:15.45	700m: 8:39.37	1:15.45	
	200m: 2:22.73	1:14.62	400m: 4:53.05	1:15.02	600m: 7:23.91	1:15.40	800m: 9:52.69	1:13.32	
20. Van Hyfte Isaura	99	AZ/21029/99	BEL	9:41.24	<b>10:03.63</b>			548	
	100m: 1:08.74	1:08.74	300m: 3:39.92	1:15.84	500m: 6:12.97	1:16.39	700m: 8:49.41	1:17.82	
	200m: 2:24.08	1:15.33	400m: 4:56.58	1:16.65	600m: 7:31.58	1:18.61	800m: 10:03.63	1:14.21	
21. Van Assche Hanneleen	98	BEST/20469/98	BEL	9:58.19	<b>10:12.46</b>			525	
	100m: 1:09.41	1:09.41	300m: 3:43.17	1:17.56	500m: 6:19.24	1:18.03	700m: 8:56.93	1:18.74	
	200m: 2:25.60	1:16.19	400m: 5:01.21	1:18.04	600m: 7:38.19	1:18.94	800m: 10:12.46	1:15.53	
22. Geerinck Leontien	99	SHARK/20362/99	BEL	9:56.48	<b>10:19.65</b>			506	
	100m: 1:09.99	1:09.99	300m: 3:43.96	1:17.50	500m: 6:21.74	1:19.31	700m: 9:01.29	1:19.75	
	200m: 2:26.46	1:16.47	400m: 5:02.42	1:18.46	600m: 7:41.53	1:19.79	800m: 10:19.65	1:18.36	
23. Van Den Bossche Luca	99	DZO/20317/99	BEL	10:00.73	<b>10:28.84</b>			485	
	100m: 1:09.86	1:09.86	300m: 3:45.99	1:19.27	500m: 6:24.97	1:19.40	700m: 9:08.34	1:22.01	
	200m: 2:26.72	1:16.86	400m: 5:05.56	1:19.57	600m: 7:46.33	1:21.35	800m: 10:28.84	1:20.50	
24. De Pue Ine	99	FIRST/20517/99	BEL	10:16.22	<b>10:32.30</b>			477	
	100m: 1:09.98	1:09.98	300m: 3:47.74	1:19.90	500m: 6:30.47	1:21.75	700m: 9:13.35	1:21.39	
	200m: 2:27.83	1:17.84	400m: 5:08.72	1:20.97	600m: 7:51.95	1:21.47	800m: 10:32.30	1:18.95	

15 - 16 years

1. Boits Louve	98	BRABO/20624/98	BEL	9:08.20	<b>9:15.72</b>			702
	100m: 1:04.10	1:04.10	300m: 3:22.73	1:09.61	500m: 5:44.38	1:10.73	700m: 8:06.93	1:11.45
	200m: 2:13.12	1:09.02	400m: 4:33.65	1:10.91	600m: 6:55.47	1:11.09	800m: 9:15.72	1:08.79
2. Ponteur Ellen	99	MEGA/20459/99	BEL	9:39.05	<b>9:31.70</b>			645
	100m: 1:07.32	1:07.32	300m: 3:31.91	1:12.18	500m: 5:57.03	1:12.55	700m: 8:22.77	1:13.32
	200m: 2:19.73	1:12.40	400m: 4:44.48	1:12.56	600m: 7:09.44	1:12.40	800m: 9:31.70	1:08.93
3. Joris Lindsay	98	HZS/20393/98	BEL	9:27.48	<b>9:41.10</b>			614
	100m: 1:06.76	1:06.76	300m: 3:32.21	1:13.20	500m: 6:01.06	1:14.64	700m: 8:29.29	1:13.86
	200m: 2:19.01	1:12.24	400m: 4:46.41	1:14.19	600m: 7:15.43	1:14.37	800m: 9:41.10	1:11.80

Flanders Speedo Cup 2014  
ANTWERPEN, 25/ - 26/1/2014

Event 1, Girls, 800m Freestyle, 15 - 16 years

Rank	YB			Time			Pts	
4.	Verstraete Tyana	99	ROSC/21014/99	BEL	10:12.02	<b>9:45.87</b>	599	
	100m: 1:08.65	1:08.65	300m: 3:36.78	1:14.37	500m: 6:05.94	1:14.84	700m: 8:36.16	1:14.92
	200m: 2:22.41	1:13.75	400m: 4:51.10	1:14.31	600m: 7:21.24	1:15.30	800m: 9:45.87	1:09.71
5.	Verdijck Astrid	99	DDAT/20233/99	BEL	9:52.87	<b>9:49.40</b>	589	
	100m: 1:08.48	1:08.48	300m: 3:35.90	1:14.23	500m: 6:05.64	1:15.06	700m: 8:36.12	1:15.26
	200m: 2:21.66	1:13.18	400m: 4:50.58	1:14.68	600m: 7:20.86	1:15.21	800m: 9:49.40	1:13.28
6.	Biesemans Boo	99	SHARK/20361/99	BEL	9:42.47	<b>9:50.43</b>	586	
	100m: 1:08.07	1:08.07	300m: 3:36.14	1:14.49	500m: 6:06.17	1:15.64	700m: 8:37.58	1:15.99
	200m: 2:21.65	1:13.57	400m: 4:50.53	1:14.38	600m: 7:21.59	1:15.42	800m: 9:50.43	1:12.84
7.	Gysen Sophie-Charlotte	99	MOZKA/20309/99	BEL	9:35.81	<b>9:52.69</b>	579	
	100m: 1:08.10	1:08.10	300m: 3:38.03	1:15.30	500m: 6:08.50	1:15.45	700m: 8:39.37	1:15.45
	200m: 2:22.73	1:14.62	400m: 4:53.05	1:15.02	600m: 7:23.91	1:15.40	800m: 9:52.69	1:13.32
8.	Van Hyfte Isaura	99	AZ/21029/99	BEL	9:41.24	<b>10:03.63</b>	548	
	100m: 1:08.74	1:08.74	300m: 3:39.92	1:15.84	500m: 6:12.97	1:16.39	700m: 8:49.41	1:17.82
	200m: 2:24.08	1:15.33	400m: 4:56.58	1:16.65	600m: 7:31.58	1:18.61	800m: 10:03.63	1:14.21
9.	Van Assche Hanneleen	98	BEST/20469/98	BEL	9:58.19	<b>10:12.46</b>	525	
	100m: 1:09.41	1:09.41	300m: 3:43.17	1:17.56	500m: 6:19.24	1:18.03	700m: 8:56.93	1:18.74
	200m: 2:25.60	1:16.19	400m: 5:01.21	1:18.04	600m: 7:38.19	1:18.94	800m: 10:12.46	1:15.53
10.	Geerinck Leontien	99	SHARK/20362/99	BEL	9:56.48	<b>10:19.65</b>	506	
	100m: 1:09.99	1:09.99	300m: 3:43.96	1:17.50	500m: 6:21.74	1:19.31	700m: 9:01.29	1:19.75
	200m: 2:26.46	1:16.47	400m: 5:02.42	1:18.46	600m: 7:41.53	1:19.79	800m: 10:19.65	1:18.36
11.	Van Den Bossche Luca	99	DZO/20317/99	BEL	10:00.73	<b>10:28.84</b>	485	
	100m: 1:09.86	1:09.86	300m: 3:45.99	1:19.27	500m: 6:24.97	1:19.40	700m: 9:08.34	1:22.01
	200m: 2:26.72	1:16.86	400m: 5:05.56	1:19.57	600m: 7:46.33	1:21.35	800m: 10:28.84	1:20.50
12.	De Pue Ine	99	FIRST/20517/99	BEL	10:16.22	<b>10:32.30</b>	477	
	100m: 1:09.98	1:09.98	300m: 3:47.74	1:19.90	500m: 6:30.47	1:21.75	700m: 9:13.35	1:21.39
	200m: 2:27.83	1:17.84	400m: 5:08.72	1:20.97	600m: 7:51.95	1:21.47	800m: 10:32.30	1:18.95

17 - 18 years

1.	Mattens Edith	97	KZK/21008/97	BEL	8:56.41	<b>8:58.07</b>	774	
	100m: 1:05.05	1:05.05	300m: 3:20.39	1:07.76	500m: 5:35.66	1:07.41	700m: 7:51.61	1:08.02
	200m: 2:12.63	1:07.57	400m: 4:28.24	1:07.85	600m: 6:43.59	1:07.92	800m: 8:58.07	1:06.46
2.	Cnockaert Julie	96	BZK/20507/96	BEL	9:08.85	<b>9:09.24</b>	728	
	100m: 1:05.06	1:05.06	300m: 3:22.76	1:09.05	500m: 5:42.25	1:09.71	700m: 8:02.13	1:10.13
	200m: 2:13.71	1:08.64	400m: 4:32.53	1:09.77	600m: 6:52.00	1:09.75	800m: 9:09.24	1:07.10
3.	Contrino Newt	97	BRABO/20576/97	BEL	9:22.79	<b>9:23.20</b>	675	
	100m: 1:05.80	1:05.80	300m: 3:26.94	1:10.59	500m: 5:49.83	1:11.35	700m: 8:13.85	1:12.00
	200m: 2:16.35	1:10.54	400m: 4:38.47	1:11.53	600m: 7:01.85	1:12.01	800m: 9:23.20	1:09.35
4.	Verschaeve Lotte	97	KZK/20673/97	BEL	9:25.08	<b>9:31.33</b>	646	
	100m: 1:06.28	1:06.28	300m: 3:30.82	1:13.01	500m: 5:55.48	1:11.73	700m: 8:20.69	1:13.32
	200m: 2:17.81	1:11.52	400m: 4:43.75	1:12.93	600m: 7:07.37	1:11.88	800m: 9:31.33	1:10.63

Flanders Speedo Cup 2014  
ANTWERPEN, 25/ - 26/1/2014

Event 2  
25/01/2014

Women, 50m Freestyle

Open  
Results Finals

Vlaams Record	25.37	Sysmans Jolien		Antwerpen	17/03/2012
Event record	24.37	Veldhuis Marleen	NED		13/01/2007
Belgisch record	25.37	Sysmans Jolien	BRABO	Antwerpen	17/03/2012

Limieten Flanders Speedo Cup 11 - 14: 29.17; 15: 31.42; 16: 31.01; 17: 29.78; 18: 29.38; 19 +: 29.17

Points: FINA 2013

Rank	YB			Time	Pts	
Final A						
1.	90		GBR	25.32	<b>24.67</b>	889
2.	87		GBR	25.77	<b>25.17</b>	837
3.	94		GBR	26.08	<b>25.55</b>	801
4.	92		GBR	26.28	<b>25.93</b>	766
5.	92	BRABO/20927/92	BEL	26.19	<b>25.99</b>	761
6.	84		FIN	26.47	<b>26.01</b>	759
7.	95		GBR	26.53	<b>26.07</b>	754
8.	94		GBR	26.39	<b>26.41</b>	725
Final B						
9.	92		GBR	26.61	<b>26.09</b>	752
10.	83		USA	26.54	<b>26.37</b>	728
11.	93	GZVN/492/93	NED	26.75	<b>26.41</b>	725
12.	94	BRABO/20992/94	BEL	27.16	<b>26.59</b>	710
13.	93	BRABO/20094/93	BEL	26.71	<b>26.66</b>	705
14.	98	BZK/20576/98	BEL	27.14	<b>26.96</b>	681
15.	95		GER	27.14	<b>27.15</b>	667
16.	96	BRABO/20660/96	BEL	27.29	<b>27.18</b>	665

Event 3  
25/01/2014 - 16:15

Men, 50m Freestyle

Open  
Results Finals

Event record	22.25	Fratus Bruno	BRA		19/01/2013
Belgisch record	22.13	Grandjean Yoris	LGN	Antwerpen	3/05/2009
Vlaams Record	22.42	Aerents Jasper	BZK	Antwerpen	14/01/2012

Limieten Flanders Speedo Cup 11 - 14: 26.52; 15: 29.48; 16: 28.15; 17: 27.23; 18: 26.83; 19 +: 26.52

Points: FINA 2013

Rank	YB			Time	Pts	
Final A						
1.	94		GBR	22.65	<b>22.55</b>	796
2.	89		GBR	23.27	<b>22.71</b>	780
3.	88	BRABO/10964/88	BEL	22.88	<b>22.77</b>	773
4.	92	BZK/10545/92	BEL	22.69	<b>22.78</b>	773
5.	89	BRABO/10033/89	BEL	23.17	<b>23.02</b>	748
6.	91	BRABO/10122/91	BEL	23.38	<b>23.22</b>	729
7.	91	BRABO/10849/91	BEL	23.34	<b>23.38</b>	714
8.	93	BRABO/10119/93	BEL	23.68	<b>23.77</b>	680
Final B						
9.	93		ISR	23.81	<b>23.65</b>	690
10.	95	MEGA/10331/95	BEL	23.83	<b>23.70</b>	686

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Event 3, Men, 50m Freestyle, Final, Open

Rank		YB			Time	Pts	
11.	Ratti Michele	87	BRABO/11024/87	BEL	24.11	<b>23.81</b>	677
12.	Henx Julien	95		LUX	24.11	<b>23.84</b>	674
13.	Roete Jonas	97	MEGA/10493/97	BEL	24.19	<b>23.85</b>	673
14.	Carlsen Christoffer	92		SWE	23.92	<b>23.88</b>	671
15.	Van Regenmortel Michiel	94	SHARK/10339/94	BEL	23.97	<b>24.11</b>	652
16.	Vangoetsenhoven Dries	97	STT/10213/97	BEL	24.23	<b>24.16</b>	648

Event 4

Women, 100m Breaststroke

Open  
Results Finals

25/01/2014 - 16:15

Vlaams Record	1:08.36	Janssens Kim		Peking	29/07/2013
Event record	1:07.15	Pedersen Rikke M.	DEN		14/01/2012
Belgisch record	1:08.36	Janssens Kim	BRABO	Barcelona (ESP)	29/07/2013

Limieten Flanders Speedo Cup 11 - 14: 1:19.76; 15: 1:25.88; 16: 1:24.56; 17: 1:20.68; 18: 1:20.58; 19 +: 1:19.76

Points: FINA 2013

Rank		YB			Time	Pts	
Final A							
1.	Allen Sophie	92		GBR	1:10.86	<b>1:09.34</b>	802
2.	Renshaw Molly	96		GBR	1:11.00	<b>1:09.44</b>	799
3.	Lowe Danielle	95		GBR	1:10.54	<b>1:09.78</b>	787
4.	Hoestman Joline	88		SWE	1:10.49	<b>1:09.85</b>	785
5.	Ivri Amit	89		ISR	1:11.38	<b>1:09.88</b>	784
6.	Miley Hannah	89		GBR	1:11.33	<b>1:10.26</b>	771
7.	Janssens Kim	91	BRABO/20160/91	BEL	1:11.27	<b>1:10.46</b>	765
8.	Buchan Kerry	87		GBR	1:11.97	<b>1:11.76</b>	724
Final B							
9.	Vermeylen Jolien	94	BEST/20250/94	BEL	1:13.19	<b>1:13.86</b>	664
10.	Leidgebel Julia	95	182115	GER	1:12.49	<b>1:13.90</b>	663
11.	Daszkiewicz Jacqueline	97	184108	GER	1:14.47	<b>1:14.48</b>	647
12.	De Bock Sonia	98	BRABO/20622/98	BEL	1:15.26	<b>1:14.65</b>	643
13.	Lajnef Sarra	89		TUN	1:14.04	<b>1:14.70</b>	642
14.	Einhorn Jil	98		LUX	1:14.69	<b>1:15.05</b>	633
15.	De Raeve Luana	98	BZK/20497/98	BEL	1:16.38	<b>1:15.66</b>	617
16.	Borgonie Tine	98	RZV/20183/98	BEL	1:16.88	<b>1:16.54</b>	596



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Event 5 Open  
25/01/2014 - 16:20 Results Final

Men, 200m Fly

Belgisch record	1:56.65	Fonteyn Mathieu	BZK	Beijing (CHN)	11/08/2008
Vlaams Record	1:56.65	Fonteyn Mathieu		Peking	11/08/2008
Event record	1:57.20	Cseh Laszlo	HUN		15/01/2011

Limieten Flanders Speedo Cup 11 - 14: 2:19.23; 15: 2:35.55; 16: 2:28.10; 17: 2:22.80; 18: 2:20.76; 19 +: 2:19.23

Points: FINA 2013

Rank	YB			Time	Pts	
Final						
1.	94	SHARK/10133/94	BEL	1:58.92	<b>1:57.82</b>	847
2.	93		SRB	2:00.61	<b>1:57.96</b>	844
3.	91		GBR	2:00.38	<b>1:58.92</b>	824
4.	91	BRABO/10535/91	BEL	2:00.25	<b>1:59.12</b>	820
5.	85		HUN	2:00.48	<b>1:59.83</b>	805
6.	95		GBR	2:00.57	<b>2:00.02</b>	801
7.	93	9337AB	DEN	2:02.18	<b>2:00.16</b>	799
8.	92		GBR	2:01.62	<b>2:00.18</b>	798

Event 6 Open  
25/01/2014 - 16:20 Results Final

Women, 200m Fly

Vlaams Record	2:12.41	Buelens Griet		Molenbeek	1/05/2008
Belgisch record	2:12.41	Buelens Griet	FAST	Molenbeek	1/05/2008
Event record	2:09.56	Boulsevitz Beatrix	HUN		11/03/2006

Limieten Flanders Speedo Cup 11 - 14: 2:32.08; 15: 2:42.49; 16: 2:39.94; 17: 2:34.02; 18: 2:33.10; 19 +: 2:32.08

Points: FINA 2013

Rank	YB			Time	Pts	
Final						
1.	89		HUN	2:11.98	<b>2:09.35</b>	835
2.	90		GBR	2:12.56	<b>2:09.96</b>	823
3.	95		GBR	2:11.86	<b>2:11.68</b>	791
4.	94		GBR	2:14.23	<b>2:11.95</b>	786
5.	96	LGN/228/96	BEL	2:19.71	<b>2:18.78</b>	676
6.	98		GBR	2:18.93	<b>2:18.79</b>	676
7.	92		GBR	2:17.31	<b>2:22.12</b>	629
8.	99	FIRST/20508/99	BEL	2:27.67	<b>2:27.79</b>	559

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Event 7

Men, 400m Freestyle

Open  
Results Final

25/01/2014 - 16:25

Vlaams Record	3:50.91	Bauwens Ward		Antwerpen	11/05/2013
Event record	3:49.29	Carry David	GBR		14/01/2012
Belgisch record	3:50.91	Bauwens Ward	BRABO	Antwerpen	12/05/2013

Limieten Flanders Speedo Cup 11 - 14: 4:28.57; 15: 4:56.82; 16: 4:46.93; 17: 4:36.62; 18: 4:31.42; 19 +: 4:28.57

Points: FINA 2013

Rank	YB			Time	Pts		
Final							
1.	Grainger Nicholas	94	GBR	3:52.61	<b>3:51.56</b>	858	
2.	Renwick Robbie	88	GBR	3:57.76	<b>3:51.70</b>	856	
3.	Milne Stephen	94	GBR	3:55.37	<b>3:53.09</b>	841	
4.	Hendrickx Lander	94	BEST/10241/94	BEL	3:54.74	<b>3:53.30</b>	839
5.	Litchfield Max	95	GBR	3:55.43	<b>3:53.81</b>	833	
6.	Hughes Caleb	95	GBR	3:58.98	<b>3:57.44</b>	796	
7.	Guy James	95	GBR	3:53.52	<b>3:59.54</b>	775	
8.	Smith Lewis	88	GBR	4:02.29	<b>3:59.94</b>	771	

Event 8

Women, 50m Backstroke

Open  
Results Finals

25/01/2014 - 16:30

Vlaams Record	29.09	Buys Kimberly		Antwerpen	11/05/2013
Event record	28.55	Quigley Lauren	GBR		14/01/2012
Belgisch record	29.09	Buys Kimberly	BRABO	Antwerpen	11/05/2013

Limieten Flanders Speedo Cup 11 - 14: 33.56; 15: 36.01; 16: 35.50; 17: 34.17; 18: 33.86; 19 +: 33.56

Points: FINA 2013

Rank	YB			Time	Pts		
Final A							
1.	Davies Georgia	90	GBR	28.51	<b>27.80</b>	921	
2.	Quigley Lauren	95	GBR	28.67	<b>28.28</b>	875	
3.	Halsall Francesca	90	GBR	29.08	<b>28.46</b>	858	
4.	Simmonds Elizabeth	91	GBR	29.52	<b>28.80</b>	828	
5.	Fullalove Jessica	96	GBR	29.18	<b>29.26</b>	790	
6.	Ivri Amit	89	ISR	29.98	<b>29.54</b>	768	
7.	McKenzie Charlotte	96	GBR	30.06	<b>29.59</b>	764	
8.	Hosszu Katinka	89	HUN	29.71	<b>30.37</b>	707	
Final B							
9.	Calleeuw Hanne	97	COAST/20228/97	BEL	30.56	<b>30.01</b>	733
10.	Seppala Hanna-Maria	84	FIN	30.36	<b>30.19</b>	719	
11.	Lieberman Michal	95	ISR	30.29	<b>30.37</b>	707	
12.	Verhaegen Jasmijn	93	BRABO/20094/93	BEL	30.84	<b>30.45</b>	701
13.	Ramael Maaïke	96	BRABO/20660/96	BEL	30.60	<b>30.55</b>	694
14.	Lindekens Carolien	94	BRABO/20992/94	BEL	31.15	<b>30.60</b>	691
15.	Leidgebel Julia	95	182115	GER	30.53	<b>30.85</b>	674
16.	Rolko Sarah	94	LUX	30.86	<b>31.11</b>	657	

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Event 9 Men, 200m Medley Open  
25/01/2014 - 16:35 Results Final

Vlaams Record	2:01.85	Bauwens Ward		Antwerpen	20/05/2013
Event record	2:00.03	Cseh Laszlo	HUN		15/01/2011
Belgisch record	2:01.85	Bauwens Ward	BRABO	Antwerpen	20/05/2013

Limieten Flanders Speedo Cup 11 - 14: 2:21.17; 15: 2:37.49; 16: 2:31.67; 17: 2:25.55; 18: 2:23.72; 19 +: 2:21.17

Points: FINA 2013

Rank	YB			Time	Pts	
Final						
1.	85		HUN	2:04.12	<b>2:02.01</b>	815
2.	91		GBR	2:04.17	<b>2:02.54</b>	805
3.	93		GBR	2:05.53	<b>2:03.48</b>	786
4.	93	9319AA	DEN	2:05.30	<b>2:03.55</b>	785
5.	92		GBR	2:04.19	<b>2:03.66</b>	783
6.	95		HUN	2:04.78	<b>2:05.19</b>	755
7.	95		GBR	2:04.65	<b>2:08.25</b>	702
DSQ	85		GBR	2:05.19		DSQ
SW.6.3a -						

Event 10 Women, 400m Medley Open  
25/01/2014 - 16:40 Results Final

Event record	4:42.06	Wilmott Aimee	GBR		15/01/2012
Belgisch record	4:46.15	Gervy Yseult	CNBA	Helsinki (FIN)	3/07/2000
Vlaams Record	4:51.21	Becue Brigitte		Rome	2/06/1995

Limieten Flanders Speedo Cup 11 - 14: 5:30.48; 15: 5:53.02; 16: 5:46.09; 17: 5:35.38; 18: 5:32.93; 19 +: 5:30.48

Points: FINA 2013

Rank	YB			Time	Pts	
Final						
1.	93		GBR	4:42.95	<b>4:33.64</b>	943
2.	89		GBR	4:44.27	<b>4:37.97</b>	900
3.	95		GBR	4:46.17	<b>4:43.90</b>	845
4.	89		HUN	4:42.59	<b>4:51.21</b>	783
5.	97		GBR	4:57.38	<b>4:54.60</b>	756
6.	91		GRE	5:07.18	<b>5:02.12</b>	701
DSQ	90	066843	GER	5:03.16		DSQ
SW 9.3 -						



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Event 11  
25/01/2014 - 16:45

Men, 100m Backstroke

Open  
Results Finals

Event record	55.36	Driebergen Nick	NED		14/01/2012
Belgisch record	55.14	Vanluchene Emmanuel	GOLD	Antwerpen	20/05/2013
Vlaams Record	55.14	Vanluchene Emmanuel		Eindhoven	20/05/2013

Limieten Flanders Speedo Cup 11 - 14: 1:04.67; 15: 1:12.11; 16: 1:09.26; 17: 1:06.40; 18: 1:05.48; 19 +: 1:04.67

Points: FINA 2013

Rank	YB			Time	Pts		
Final A							
1.	Walker-Hebborn Christopher	90	GBR	54.71	<b>54.33</b>	873	
2.	Plummer David	85	USA	54.50	<b>55.16</b>	834	
3.	Kopelev Jonatan	91	ISR	56.19	<b>55.79</b>	806	
4.	Bennett Ryan	90	GBR	56.34	<b>56.05</b>	795	
5.	Greenbank Luke	97	GBR	56.90	<b>56.23</b>	788	
6.	Carlisle Jonathan	92	GBR	57.08	<b>56.67</b>	769	
7.	Gamburg David	93	ISR	56.96	<b>56.71</b>	768	
8.	McNally Craig	92	GBR	56.49	<b>56.76</b>	766	
Final B							
9.	Boldison Charlie	92	GBR	57.30	<b>56.22</b>	788	
10.	Jakupsson Magnus	94	DEN	57.14	<b>56.69</b>	768	
11.	Sofianidis Nikolaos	98	GRE	57.51	<b>57.09</b>	752	
12.	Van Audekerke Nils	96	TSZ/10156/96	BEL	58.12	<b>57.66</b>	730
13.	Fridlander David	95	ISR	58.80	<b>57.92</b>	721	
14.	Smith Oliver	96	GBR	59.43	<b>58.71</b>	692	
15.	Theodoridis Ilias	95	GRE	58.82	<b>58.78</b>	689	
16.	Foldhazi David	95	HUN	57.85	<b>59.32</b>	671	

Event 12  
25/01/2014 - 16:50

Women, 200m Freestyle

Open  
Results Finals

Event record	1:59.17	Popchanka Alena	FRA		13/01/2007
Belgisch record	2:00.90	Van Koeckhoven Nina	MZV	Helsinki (FIN)	7/07/2000
Vlaams Record	2:00.90	Van Koeckhoven Nina		Helsinki	7/07/2000

Limieten Flanders Speedo Cup 11 - 14: 2:16.88; 15: 2:25.76; 16: 2:23.92; 17: 2:19.64; 18: 2:18.21; 19 +: 2:16.88

Points: FINA 2013

Rank	YB			Time	Pts	
Final A						
1.	O'Connor Siobhan-Marie	95	GBR	2:00.23	<b>1:58.05</b>	876
2.	Carlin Jazmin	90	GBR	1:59.87	<b>1:58.45</b>	867
3.	Bochmann Anne	93	GBR	2:01.79	<b>1:58.69</b>	862
4.	Willmott Aimee	93	GBR	2:02.51	<b>2:02.83</b>	778
5.	Turner Rebecca	92	GBR	2:01.65	<b>2:02.83</b>	778
6.	Miley Hannah	89	GBR	2:02.83	<b>2:03.30</b>	769
7.	Faulkner Eleanor	93	GBR	2:01.47	<b>2:04.43</b>	748
8.	Hosszu Katinka	89	HUN	1:59.75	<b>2:07.27</b>	699
Final B						
9.	Smith Sophie	94	GBR	2:06.44	<b>2:03.25</b>	770
10.	Weber Alina	95	GER	2:05.20	<b>2:04.24</b>	751

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Event 12, Women, 200m Freestyle, Final, Open

Rank		YB			Time	Pts	
11.	Boits Louve	98	BRABO/20624/98	BEL	2:06.98	<b>2:06.01</b>	720
12.	Bynens Nathalie	93	HZS/20427/93	BEL	2:06.27	<b>2:06.23</b>	716
13.	Lloyd Jessica	95		GBR	2:08.21	<b>2:06.58</b>	710
14.	Olivier Monique	98		LUX	2:06.39	<b>2:07.40</b>	697
15.	Pannecoucke Aileen	97	BZK/21006/97	BEL	2:07.50	<b>2:08.68</b>	676

Event 13

Men, 100m Breaststroke

Open  
Results Finals

25/01/2014 - 16:50

Event record	1:00.12	Gyurta Daniël	HUN		19/01/2013
Vlaams Record	1:00.60	Deburghgraeve Frederik		Atlanta	20/07/1996
Belgisch record	1:00.60	Deburghgraeve Frederik	RZV	Atlanta (USA)	20/07/1996

Limieten Flanders Speedo Cup 11 - 14: 1:11.91; 15: 1:20.17; 16: 1:17.32; 17: 1:14.56; 18: 1:13.44; 19 +: 1:11.91

Points: FINA 2013

Rank		YB			Time	Pts	
Final A							
1.	Murdoch Ross	94		GBR	1:00.98	<b>1:00.13</b>	918
2.	Steeple Christopher	92		GBR	1:01.50	<b>1:00.69</b>	893
3.	Peaty Adam	94		GBR	1:01.89	<b>1:00.73</b>	891
4.	Jamieson Michael	88		GBR	1:02.06	<b>1:01.53</b>	857
5.	Holderness Robert	90		GBR	1:02.58	<b>1:02.20</b>	830
6.	Willis Andrew	90		GBR	1:03.24	<b>1:03.10</b>	795
7.	Ruijten Dieter	95	BRABO/11011/95	BEL	1:03.51	<b>1:03.84</b>	767
8.	Smith Russell	91		GBR	1:03.52	<b>1:04.01</b>	761
Final B							
9.	Carnol Laurent	89		LUX	1:03.65	<b>1:03.42</b>	782
10.	Caerts Basten	97	DBT/10229/97	BEL	1:04.09	<b>1:03.56</b>	777
11.	Christensen Chris	88	8839AB	DEN	1:05.28	<b>1:04.66</b>	738
12.	Klingberg Emil	87	8705AB	DEN	1:05.05	<b>1:05.04</b>	726
13.	Hedegaard Niklas	90	9053AB	DEN	1:05.93	<b>1:05.91</b>	697
14.	Leysens Jonas	95	DDAT/10194/95	BEL	1:07.03	<b>1:06.34</b>	684
15.	Paenen Dries	97	BRABO/10974/97	BEL	1:07.09	<b>1:07.63</b>	645

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Event 14  
25/01/2014 - 16:55

Men, 200m Freestyle

Open  
Results Finals

Event record	1:47.14	Van den Hoogenband Pieter			13/03/2004
Belgisch record	1:47.21	Timmers Pieter	BRABO	Antwerpen	18/05/2013
Vlaams Record	1:47.21	Timmers Pieter		Budapest	18/05/2013

Limieten Flanders Speedo Cup 11 - 14: 2:05.97; 15: 2:20.25; 16: 2:14.44; 17: 2:09.95; 18: 2:08.01; 19 +: 2:05.97

Points: FINA 2013

Rank	YB				Time	Pts	
<b>Final A</b>							
1.	88	BRABO/10964/88	BEL		1:51.08	<b>1:48.59</b>	828
2.	92	GOLD/10011/92	BEL		1:50.58	<b>1:48.65</b>	827
3.	89	BRABO/10033/89	BEL		1:50.28	<b>1:48.66</b>	827
4.	91	BRABO/10122/91	BEL		1:49.69	<b>1:49.19</b>	815
5.	93		SRB		1:50.15	<b>1:49.74</b>	802
6.	88		GBR		1:50.35	<b>1:50.88</b>	778
7.	94		GBR		1:50.95	<b>1:50.97</b>	776
8.	91		GBR		1:51.93	<b>1:51.73</b>	760
<b>Final B</b>							
9.	94		GBR		1:52.82	<b>1:50.28</b>	791
10.	94	SHARK/10133/94	BEL		1:52.59	<b>1:50.63</b>	783
11.	93		GBR		1:52.56	<b>1:51.00</b>	775
12.	91		GBR		1:52.16	<b>1:51.19</b>	771
13.	91		GBR		1:53.09	<b>1:51.59</b>	763
14.	93	BRABO/10119/93	BEL		1:51.95	<b>1:51.89</b>	757
15.	92		GBR		1:52.36	<b>1:52.12</b>	752
16.	97	STT/10235/97	BEL		1:52.86	<b>1:53.93</b>	717

Event 15  
25/01/2014 - 17:00

Women, 200m Backstroke

Open  
Results Final

Event record	2:09.71	Hohmann Georgia M.	GBR		15/01/2012
Belgisch record	2:11.82	Buys Kimberly	BRABO	Antwerpen	23/01/2011
Vlaams Record	2:11.82	Buys Kimberly		Antwerpen	23/01/2011

Limieten Flanders Speedo Cup 11 - 14: 2:33.20; 15: 2:43.71; 16: 2:41.47; 17: 2:35.24; 18: 2:34.33; 19 +: 2:33.20

Points: FINA 2013

Rank	YB				Time	Pts	
<b>Final</b>							
1.	91		GBR		2:13.52	<b>2:11.04</b>	848
2.	95		GBR		2:14.93	<b>2:11.20</b>	845
3.	96		GBR		2:18.25	<b>2:14.78</b>	779
4.	96		GBR		2:16.70	<b>2:15.56</b>	766
5.	93		GBR		2:18.51	<b>2:17.86</b>	728
6.	89		HUN		2:15.11	<b>2:17.93</b>	727
7.	97		GBR		2:19.43	<b>2:20.83</b>	683

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Event 16  
25/01/2014 - 17:00

Men, 50m Fly

Open  
Results Finals

Event record	23.94	Heersbrandt François	BEL		16/01/2010
Belgisch record	23.58	Grandjean Yoris	LGN	Rennes (FRA)	9/04/2013
Vlaams Record	23.99	De Wilde Gilles		Antwerpen	18/05/2013

Limieten Flanders Speedo Cup 11 - 14: 28.15; 15: 31.42; 16: 30.09; 17: 28.56; 18: 28.56; 19 +: 28.15

Points: FINA 2013

Rank	YB			Time	Pts		
<b>Final A</b>							
1.	Proud Benjamin	94	GBR	23.72	<b>23.69</b>	848	
2.	Barrett Adam	92	GBR	24.57	<b>24.23</b>	792	
3.	Cseh Laszlo	85	HUN	24.41	<b>24.63</b>	754	
4.	Van Der Straeten Egon	91	BRABO/10535/91	BEL	24.61	<b>24.68</b>	750
5.	Bromer Viktor B.	93	9337AB	DEN	24.83	<b>24.83</b>	736
6.	Van Regenmortel Michiel	94	SHARK/10339/94	BEL	25.33	<b>25.04</b>	718
7.	Needs Harry	92	GBR	25.46	<b>25.35</b>	692	
8.	Carlsen Christoffer	92	SWE	25.63	<b>25.43</b>	685	
<b>Final B</b>							
9.	Gunning Michael	94	GBR	25.77	<b>25.34</b>	693	
10.	De Graeve Birgen	98	BEST/10464/98	BEL	26.15	<b>25.68</b>	666
11.	Vangoetsenhoven Dries	97	STT/10213/97	BEL	25.72	<b>25.68</b>	666
12.	Henx Julien	95	LUX	25.80	<b>25.84</b>	653	
13.	Etienne Tom	94	HZS/11000/94	BEL	26.28	<b>25.93</b>	646
14.	Smith Oliver	96	GBR	26.25	<b>25.99</b>	642	
15.	Declercq Vincent	96	AZL/081/96	BEL	26.25	<b>26.07</b>	636
16.	Greenbank Luke	97	GBR	26.15	<b>26.11</b>	633	

Event 17  
25/01/2014 - 17:05

Women, 4 x 100m Freestyle

Open  
Results

Belgisch record	3:46.38	BRABO	Antwerpen	20/05/2013
Vlaams Record	3:46.38		Antwerpen	20/05/2013

Points: FINA 2013

Rank					Time	Pts		
1.	<b>BRABO 1</b>			BEL	3:50.00	<b>3:49.18</b>	788	
	Buys Kimberly	+0,74	27.02	56.37	Lindekens Carolien	+0,32	27.78	58.07
	Verhaegen Jasmijn	+0,28	28.07	58.22	Sysmans Jolien	+0,22	27.00	56.51
2.	<b>SGD</b>			GER	3:52.00	<b>3:53.58</b>	744	
	Leidgebel Julia	+0,78	28.24	58.16	Weber Alina	+0,61	27.23	57.00
	Flagel Lina	+0,42	28.80	1:00.23	Lange Kerstin	+0,22	26.85	58.18
3.	<b>BZK 1</b>			BEL	4:01.98	<b>3:59.91</b>	687	
	Meunier Morgane	+0,70	28.35	59.71	Cnockaert Julie	+0,39	29.26	59.84
	Gheysen Britt	+0,48	29.37	1:01.06	Pannecoucke Aileen	+0,50	28.34	59.27
4.	<b>DDAT 1</b>			BEL	4:03.50	<b>4:07.36</b>	627	
	Meere Joleen	+0,73	28.53	59.93	Kato Hana	+0,67	30.47	1:03.77
	Leyman Merel	+0,35	29.99	1:02.47	Verdijck Astrid	+0,48	29.57	1:01.17
5.	<b>MEGA 1</b>			BEL	4:06.76	<b>4:09.17</b>	613	
	Vandenhaute Sarah	+0,76	28.48	1:00.68	Haenebalcke Laure	+0,58	30.33	1:04.08
	Van Den Bosch Jill	+0,20	30.03	1:02.57	Ponteur Ellen	+0,69	30.04	1:01.83

Timingonline: [www.toptime.be](http://www.toptime.be)

Uitslagen [www.zwemfed.be](http://www.zwemfed.be)

Splash Meet Manager 11, Build 28188

Registered to Provincie Antwerpen

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Flanders Speedo Cup 2014  
ANTWERPEN, 25/ - 26/1/2014

Event 17, Women, 4 x 100m Freestyle, Open

Rank				Time			Pts	
6.	<b>SHARK 1</b>			<b>BEL</b>	<b>4:09.53</b>	<b>4:09.25</b>	<b>612</b>	
	Moerman Margot	+0,78	28.85	1:00.29	Geerinck Leontien	+0,60	31.11	1:05.20
	Biesemans Boo	+0,60	30.77	1:04.89	Willems Steffi	+0,27	27.62	58.86

Event 18  
25/01/2014 - 17:10

Men, 4 x 100m Medley

Open  
Results

Belgisch record	3:43.71	LGN	Antwerpen	1/05/2011
Vlaams Record	3:45.50		Antwerpen	20/05/2013

Points: FINA 2013

Rank				Time			Pts	
1.	<b>BRABO 1</b>			<b>BEL</b>	<b>3:45.00</b>	<b>3:44.17</b>	<b>790</b>	
	Surgeloose Glenn	+0,66	28.47	58.72	Van Der Straeten Egon	+0,10	24.79	53.44
	Ruijten Dieter	+0,27	29.50	1:03.24	Timmers Pieter	+0,20	23.27	48.75
2.	<b>SHARK 1</b>			<b>BEL</b>	<b>4:02.94</b>	<b>3:59.76</b>	<b>646</b>	
	Croenen Louis	+0,63	29.14	59.50	Kenis Rabauke	+0,31	26.82	58.45
	Van Hunsel Tim	+0,30	31.42	1:07.62	Van Regenmortel Michiel	+0,41	25.91	54.18
3.	<b>MEGA 1</b>			<b>BEL</b>	<b>3:54.02</b>	<b>4:01.74</b>	<b>630</b>	
	Demey Nicolas	+0,67	30.62	1:03.23	Roete Jonas	+0,52	27.17	1:00.85
	De Meyer Diego	+0,19	30.37	1:06.42	Deolet Timothy	+0,32	24.80	51.23
4.	<b>DDAT 1</b>			<b>BEL</b>	<b>4:03.82</b>	<b>4:07.10</b>	<b>590</b>	
	Verdijck Niels	+0,65	30.70	1:03.71	Vincke Warre	+0,39	28.36	1:01.53
	Leysens Jonas	+0,22	31.21	1:05.84	Stoffe Lucas	+0,19	25.89	56.01
5.	<b>BZK 2</b>			<b>BEL</b>	<b>4:04.55</b>	<b>4:12.13</b>	<b>555</b>	
	Bisschop Bert	+0,73	30.08	1:02.13	Parmentier Bavo	+0,44	27.69	1:00.31
	Vandersmissen Jeremy	+0,63	35.75	1:16.94	Vandamme Lowie	+0,39	24.82	52.74