

A-TIJDEN 2012

JONGENS

Lft	100 vs	200 vs	400 vs	800 vs	1500 vs	100 ss	200 ss	100 vl	200 vl	100 rug	200 rug	200 ws	400 ws	Lft	R
10 j			06:18,70									03:25,20		10 j	4
11 j			05:55,40									03:11,50		11 j	5
12 j			05:25,50									02:54,40		12 j	6
13 j	01:06,00	02:25,60	05:06,60	10:53,10	20:18,90	01:22,90	03:01,70	01:12,50	02:43,70	01:14,80	02:42,10	02:42,40	05:46,90	13 j	7
14 j	01:02,60	02:17,50	04:51,00	10:17,30	19:13,50	01:18,60	02:49,60	01:07,70	02:32,50	01:10,70	02:33,20	02:34,40	05:29,40	14 j	8
15 j	01:00,30	02:11,80	04:41,30	09:50,30	18:38,00	01:15,80	02:44,50	01:05,70	02:25,20	01:07,90	02:27,10	02:28,70	05:13,90	15 j	9
16 j	00:58,20	02:07,40	04:31,20	09:31,70	17:54,70	01:13,10	02:37,50	01:02,80	02:20,00	01:05,10	02:20,80	02:22,70	05:05,10	16 j	10
17 j	00:57,30	02:05,50	04:26,10	09:19,90	17:40,60	01:12,00	02:35,30	01:02,00	02:18,00	01:04,20	02:18,50	02:20,90	05:00,50	17 j	10
18 j	00:56,50	02:03,50	04:23,30	09:14,30	17:29,00	01:10,50	02:33,60	01:01,20	02:16,50	01:03,40	02:16,70	02:18,40	05:00,20	18 j	10
> 18 j	00:55,10	02:01,30	04:16,80	08:54,00	16:57,50	01:09,00	02:31,00	00:59,50	02:12,70	01:00,90	02:13,70	02:16,40	04:51,90	> 18 j	10

MEISJES

Lft	100 vs	200 vs	400 vs	800 vs	1500 vs	100 ss	200 ss	100 vl	200 vl	100 rug	200 rug	200 ws	400 ws	Lft	R
10 j			06:21,40									03:24,60		10 j	4
11 j			05:53,60									03:08,60		11 j	5
12 j			05:30,90									02:56,80		12 j	6
13 j	01:08,50	02:27,80	05:11,90	10:45,40	21:12,80	01:27,30	03:07,60	01:14,60	02:45,90	01:17,50	02:46,30	02:48,40	05:57,60	13 j	7
14 j	01:06,20	02:22,90	05:01,20	10:18,60	20:12,90	01:24,20	03:00,80	01:12,10	02:39,30	01:15,00	02:40,50	02:42,80	05:46,10	14 j	8
15 j	01:04,40	02:19,30	04:53,50	10:06,50	19:34,40	01:21,90	02:55,80	01:10,10	02:34,70	01:13,00	02:36,20	02:38,90	05:34,80	15 j	9
16 j	01:03,30	02:16,90	04:47,20	09:52,30	19:13,60	01:19,10	02:50,20	01:08,70	02:31,00	01:11,40	02:32,20	02:35,00	05:28,80	16 j	10
17 j	01:02,90	02:15,50	04:45,00	09:47,60	19:06,90	01:19,00	02:48,20	01:08,30	02:30,10	01:10,70	02:31,30	02:33,20	05:26,40	17 j	10
18 j	01:02,60	02:14,20	04:43,00	09:46,70	19:01,30	01:18,20	02:46,10	01:08,10	02:29,10	01:10,40	02:30,20	02:32,30	05:24,00	18 j	10
> 18 j	01:01,00	02:12,30	04:39,10	09:32,40	18:40,00	01:16,80	02:45,70	01:06,90	02:26,40	01:09,10	02:27,70	02:30,60	05:18,90	> 18 j	10

De beste absolute tijd, gezwommen in een 25m of 50m bad, geldt

Update 16/1/2012